

Friidrottsstatistik 2004

100 M

| | | | | | |
|-------|------|-----------------------|--------------|-------------------|-------|
| 10,68 | +1,5 | Jonathan Åstrand -85 | 19 IF Kraft | Närpes 2.6 | nat |
| 10,89 | 0,0 | Mats-Johan Hagman -81 | IF Kraft | Pedersöre 15.6 | nat |
| 10,95 | +1,8 | Andreas Osowski -78 | IF Länken | Närpes 28.8 | DM |
| 10,97 | +1,5 | Mikael Bäck -74 | IF Kraft | Närpes 2.6 | nat |
| 11,17 | +1,8 | Kyösti Linna -78 | Vasa IS | Närpes 28.8 | DM |
| 11,37 | +2,0 | Robin Ahlfors -88 | 17 IF Drott | Närpes 24.7 | SFIM |
| 11,44 | +1,1 | Johan Nordmyr -84 | 22 IF Kraft | Pedersöre 15.6 | nat |
| 11,45 | +1,8 | Markus Norrgård -84 | 22 IF Femman | Närpes 28.8 | DM |
| 11,54 | +1,7 | Frank Lindqvist -88 | 17 IF Länken | Kristinestad 11.8 | kommM |
| 11,58 | +1,1 | René Michelsson -79 | IF Kraft | Pedersöre 15.6 | nat |

| | | | | | |
|-------|------|------------------------|--------------|-------------------|------|
| 11,72 | +2,0 | Mohamed Nagmouh -73 | IF Länken | Närpes 24.7 | SFIM |
| 11,73 | +0,1 | Kristoffer Sandell -79 | IK Falken | Pedersöre 15.6 | nat |
| 11,75 | +2,0 | Tommi Kaivo-oja -88 | 17 IF Kraft | Närpes 24.7 | SFIM |
| 11,87 | -1,1 | Alex Hellman -86 | 19 IK Falken | Seinäjäki 8.6 | nat |
| 11,87 | -2,6 | Markus Back -87 | 17 IK Falken | Kristinestad 10.9 | SFSI |

Herrar 19 år forts (2)

| | | | | | |
|-------|------|-------------------|--------------|----------------|-----|
| 12,22 | +0,3 | Daniel Sjölin -85 | 19 IF Åsarna | Jakobstad 14.7 | jDM |
|-------|------|-------------------|--------------|----------------|-----|

Herrar 17 år forts (4)

| | | | | | |
|-------|------|--------------------------|--------------|-------------------|--------|
| 12,12 | +2,0 | Jim Lönnqvist -88 | 17 IK Falken | Närpes 24.7 | SFIM |
| 12,13 | +0,9 | Viipe Koivu -88 | 17 IF Länken | Åbo 11.9 | jFM-mk |
| 12,20 | +1,2 | Robert Hagström -87 | 17 GIF | Pedersöre 15.6 | nat |
| 12,27 | +1,9 | Thomas Holm -88 | 17 GIF | Närpes 24.7 | SFIM |
| 12,34 | +1,7 | Anders Lindahl -87 | 17 IF Länken | Kristinestad 11.8 | kommM |
| 12,35 | +1,7 | Andreas Lindahl -87 | 17 IF Länken | Kristinestad 11.8 | kommM |
| 12,39 | +1,8 | Sebastian Härtull -88 | 17 IF Drott | Nykarleby 26.5 | dt |
| 12,45 | +1,2 | Kristoffer Skrifvars -88 | 17 IF Kraft | Pedersöre 15.6 | nat |

Pojkar 15 år

| | | | | | |
|-------|------|--------------------------|--------------|----------------|--------|
| 12,01 | -0,3 | Joakim Ålund -89 | 15 IF Kraft | Vasa 10.7 | dt |
| 12,17 | +1,0 | Dan-Anders Lindvall -89 | 15 IF Nyk.n | Närpes 24.7 | SFIM |
| 12,28 | +2,0 | Kaj Sjöberg -89 | 15 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 12,57 | +2,0 | Simon Storbjörk -89 | 15 IK Falken | Nykarleby 29.6 | v-fall |
| 12,58 | +1,0 | Kristoffer Bergvik -89 | 15 Malax IF | Närpes 24.7 | SFIM |
| 12,78 | +1,4 | Sebastian Plusisaari -89 | 15 GIF | Jakobstad 14.7 | jDM |
| 12,80 | +2,0 | Christian Sundqvist -89 | 15 IF Drott | Nykarleby 29.6 | v-fall |
| 12,84 | +0,4 | Tobias Eriksson -89 | 15 IF Nyk.n | Vörå 29.7 | dt |
| 12,85 | +1,7 | Lassi Knuutila -89 | 15 Vasa IS | Vörå 8.7 | dt |

Pojkar 14 år

| | | | | | |
|-------|------|------------------------|--------------|-------------------|-------|
| 12,34 | +1,9 | Ali Azizi -90 | 14 IF Länken | Kristinestad 11.8 | kommM |
| 12,34 | +1,9 | Asib Hotaki -90 | 14 IF Länken | Kristinestad 11.8 | kommM |
| 12,49 | +1,7 | Robert Bamm -90 | 14 IF VOM | Vörå 8.7 | dt |
| 12,73 | +1,7 | Oscar Damén -90 | 14 Vasa IS | Vörå 8.7 | dt |
| 13,12 | +0,9 | Tommy Flinck -90 | 14 IK Falken | Pedersöre 15.6 | nat |
| 13,33 | -0,3 | Robert Nordberg -90 | 14 IF Nyk.n | Vasa 10.7 | dt |
| 13,49 | -1,1 | Andreas Westerholm -90 | 14 IF Nyk.n | Vörå 21.8 | knDM |

I medvind:

| | | | | | |
|-------|------|------------------------|-------------|-----------------|-------------------|
| 10,77 | +3,0 | Andreas Osowski -78 | IF Länken | Eskilstuna 17.7 | SFI-TuUL-Sörmland |
| 10,88 | +3,8 | Mats-Johan Hagman -81 | IF Kraft | Närpes 24.7 | SFIM |
| 11,12 | +3,2 | Simon Sundsten -78 | IK Falken | Nykarleby 26.5 | dt |
| 11,22 | +3,4 | Robin Ahlfors -88 | 17 IF Drott | Pedersöre 6.7 | dt |
| 11,49 | +3,1 | René Michelsson -79 | IF Kraft | Vasa 29.6 | nat |
| 11,52 | +4,4 | Kristoffer Sandell -79 | IK Falken | Pedersöre 6.7 | dt |

| | | | | | |
|-------|-----------------|---------------|--------------|----------------|--------|
| 11,55 | +3,2 Mikael | Bergdahl -83 | 22 GIF | Jyväskylä 7.9 | dt |
| 11,59 | +3,4 Markus | Back -87 | 17 IK Falken | Pedersöre 6.7 | dt |
| 11,60 | +2,2 André | Stenfors -86 | 19 IF Femman | Reso 10.9 | jFM-mk |
| 11,84 | +2,2 Joakim | Ålund -89 | 15 IF Kraft | Närpes 2.6 | nat |
| 11,94 | +4,4 Robert | Kjellman - | IK Falken | Pedersöre 6.7 | dt |
| 11,99 | +3,4 Jim | Lönnqvist -88 | 17 IK Falken | Pedersöre 6.7 | dt |
| 12,17 | +2,2 Simon | Bredbacka -85 | 19 IF Åsarna | Reso 10.9 | jFM-mk |
| 12,09 | +3,4 Sebastian | Härtull -88 | 17 IF Drott | Pedersöre 6.7 | dt |
| 12,11 | +3,4 Robert | Hagström -87 | 17 GIF | Pedersöre 6.7 | dt |
| 12,16 | +3,4 Thomas | Holm -88 | 17 GIF | Pedersöre 6.7 | dt |
| 12,25 | +3,4 Patrik | Mölsä -88 | 17 IK Falken | Pedersöre 6.7 | dt |
| 12,34 | +3,6 Andreas | Lindahl -87 | 17 IF Länken | Seinäjäki 8.6 | nat |
| 12,34 | +2,3 Andreas | Kastrén -88 | 17 IF Åsarna | Vörå 8.7 | dt |
| 12,08 | +2,4 Dan-Anders | Lindvall -89 | 15 IF Nyk.n | Närpes 24.7 | SFIM |
| 12,19 | +4,6 Kaj | Sjöberg -89 | 15 IF Nyk.n | Närpes 24.7 | SFIM |
| 12,34 | +3,8 Magnus | Nyman -89 | 15 IF Nyk.n | Pedersöre 6.7 | dt |
| 12,46 | +2,4 Kristoffer | Bergvik -89 | 15 Malax IF | Närpes 24.7 | SFIM |
| 12,60 | +2,1 Tobias | Erksson -89 | 15 IF Nyk.n | Pedersöre 28.8 | v-fall |
| 12,71 | +3,8 Joakim | Wargh -89 | 15 GIF | Pedersöre 6.7 | dt |
| 12,76 | +2,8 Lassi | Knuutila -89 | 15 Vasa IS | Nykarleby 29.6 | v-fall |
| 12,87 | +2,4 Oscar | Wilson -89 | 15 Malax IF | Närpes 24.7 | SFIM |
| 12,34 | +2,2 Conny | Söder -90 | 14 IF Kraft | Närpes 2.6 | nat |
| 12,42 | +2,4 Robert | Bamm-90 | 14 IF VOM | Närpes 24.7 | SFIM |
| 12,96 | +3,8 Tommy | Flinck -90 | 14 IK Falken | Pedersöre 6.7 | dt |
| 13,22 | +3,3 Johnny | Backlund -90 | 14 IK Falken | Pedersöre 28.8 | v-fall |
| 13,23 | +3,8 Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 6.7 | dt |

Manuell tidtagning

| | | | | | |
|------|---------|---------------|--------------|----------------|-------|
| 12,5 | Mikael | Storbacka -90 | 14 IF Åsarna | Nedervetil 1.9 | kommM |
| 12,9 | Mathias | Prest -90 | 14 IF Åsarna | Nedervetil 1.9 | kommM |

200 M

| | | | | | |
|-------|-----------------|---------------|--------------|-------------------|--------|
| 22,00 | -1,2 Jonathan | Åstrand -85 | 19 IF Kraft | Lahtis 8.6 | j-elit |
| 22,26 | -1,5 Mats-Johan | Hagman -81 | IF Kraft | Vasa 1.8 | FM |
| 22,49 | +0,8 Andreas | Osowski -78 | IF Länken | Närpes 27.8 | DM |
| 22,50 | +0,5 Johan | Nordmyr -84 | 22 IF Kraft | Närpes 23.7 | SFIM |
| 22,76 | +0,8 Kyösti | Linna -78 | Vasa IS | Närpes 27.8 | DM |
| 22,88 | +1,5 Mikael | Bergdahl -83 | 22 GamlakIF | Närpes 27.8 | DM |
| 22,99 | +0,4 Kaj | Ekman -64 | Vasa IS | Virdois 6.8 | nat |
| 23,15 | -3,4 Andreas | Uthardt -79 | Vasa IS | Jakobstad 13.7 | jDM |
| 23,36 | -1,0 Robin | Ahlfors -88 | 17 IF Drott | Ylöjärvi 25.6 | nat |
| 23,49 | +0,9 Frank | Lindqvist -88 | 17 IF Länken | Kristinestad 11,8 | kommM |
| 23,54 | +0,2 Kristoffer | Sandell -79 | IK Falken | Kannus 4.8 | nat |
| 23,64 | +1,5 Kristoffer | Härtull -79 | GamlakIF | Närpes 27.8 | DM |
| 23,78 | +0,6 Martin | Hägglom -86 | 19 IF Nyk.n | Närpes 27.8 | DM |

Herrar 22 år forts (2)

| | | | | | |
|-------|--------------|-----------|--------------|-------------|----|
| 24,19 | +0,6 Richard | Mitts -84 | 22 IF Femman | Närpes 27.8 | DM |
|-------|--------------|-----------|--------------|-------------|----|

Herrar 19 år forts (2)

| | | | | | |
|-------|-----------|-------------|--------------|-------------|------|
| 24,75 | +1,7 Alex | Hellman -86 | 19 IK Falken | Närpes 23.7 | SFIM |
|-------|-----------|-------------|--------------|-------------|------|

Herrar 17 år forts (2)

| | | | | | |
|-------|--------------|---------------|--------------|-------------------|-------|
| 24,11 | +1,5 Robert | Hagström -87 | 17 GIF | Närpes 27.8 | DM |
| 24,68 | -1,3 Tommi | Kaivo-oja -88 | 17 IF Kraft | Kristinestad 27.7 | dt |
| 25,04 | +0,7 Anders | Lindahl -87 | 17 IF Länken | Kristinestad 11.8 | kommM |
| 25,29 | +0,7 Andreas | Lindahl -87 | 17 IF Länken | Kristinestad 11.8 | kommM |

I medvind:

| | | | | | |
|-------|-----------------|-------------|-------------|----------|----|
| 22,88 | +2,1 Kaj | Ekman -64 | Vasa IS | Vörå 8.7 | dt |
| 23,29 | +2,1 Robin | Ahlfors -88 | 17 IF Drott | Vörå 8.7 | dt |
| 23,43 | +2,1 Kristoffer | Sandell -79 | IK Falken | Vörå 8.7 | dt |
| 24,49 | +2,1 Daniel | Nissén -84 | 22 IF Kraft | Vörå 8.7 | dt |

300 M**Herrar 17 år**

| | | | | | |
|-------|-----------|---------------|--------------|----------------|---------|
| 36,70 | Robin | Ahlfors -88 | 17 IF Drott | Jakobstad 13.7 | jDM |
| 36,84 | Frank | Lindqvist -88 | 17 IF Länken | Karleby 7.9 | ÖID-KP |
| 37,73 | Robert | Hagström -87 | 17 GIF | Karleby 7.9 | ÖID-KP |
| 38,16 | Sebastian | Härtull -88 | 17 IF Drott | Pedersöre 3.6 | dt |
| 38,33 | Tommi | Kaivo-oja -88 | 17 IF Kraft | Närpes 23.7 | SFIM |
| 39,20 | Anders | Lindahl -87 | 17 IF Länken | Jakobstad 13.7 | jDM |
| 39,52 | Viipe | Koivu -88 | 17 IF Länken | Nykarleby 17.7 | SFIM-mk |
| 39,80 | Fredrik | Åberg -87 | 17 IF Kraft | Jakobstad 13.7 | jDM |
| 40,00 | Andreas | Lindahl -87 | 17 IF Länken | Pedersöre 15.6 | nat |
| 40,06 | Jim | Lönnqvist -88 | 17 IK Falken | Pedersöre 5.8 | v-fall |
| 40,29 | Thomas | Holm -88 | 17 GIF | Pedersöre 3.6 | dt |
| 40,70 | Johnny | Andersson -88 | 17 GIF | Jakobstad 13.7 | jDM |
| 40,80 | Joni | Hautala -88 | 17 GIF | Jakobstad 13.7 | jDM |

Pojkar 15 år

| | | | | | |
|-------|-------------|---------------|--------------|---------------|--------|
| 39,00 | Joakim | Ålund -89 | 15 IF Kraft | Vörå 22.8 | knDM |
| 39,41 | Kaj | Sjöberg -89 | 15 IF Nyk.n | Vörå 22.8 | knDM |
| 40,18 | Christoffer | Bergvik -89 | 15 Malax IF | Vörå 22.8 | knDM |
| 40,57 | Simon | Storbjörk -89 | 15 IK Falken | Vörå 22.8 | knDM |
| 41,05 | Markus | Nyholm -89 | 15 IF Nyk.n | Vörå 11.8 | kncup |
| 41,07 | Eric | Storvall -89 | 15 IF Åsarna | Pedersöre 7.6 | kncup |
| 41,14 | Tobias | Eriksson -89 | 15 IF Nyk.n | Pedersöre 5.8 | v-fall |
| 41,67 | Joakim | Wargh -89 | 15 GIF | Pedersöre 6.7 | dt |

Pojkar 14 år

| | | | | | |
|-------|-----------|--------------|------------------|-------------------|-------|
| 40,65 | Ali | Azizi -90 | 14 IF Länken | Närpes 23.7 | SFIM |
| 40,65 | Oscar | Damén -90 | 14 Vasa IS | Kristinestad 11.9 | SFSI |
| 41,23 | Conny | Söder -90 | 14 IF Kraft | Närpes 23.7 | SFIM |
| 41,40 | Mathias | Prest -90 | 14 IF Åsarna | Pedersöre 7.6 | kncup |
| 42,70 | Robert | Bamm -90 | 14 IF VOM | Vörå 11.8 | kncup |
| 42,92 | Asib | Hotaki -90 | 14 IF Länken | Ilmajoki 8.7 | dt |
| 43,39 | Christian | Karv -90 | 14 IF VOM | Vörå 11.8 | kncup |
| 43,65 | Robert | Nordberg -90 | 14 IF Nyk.nejden | Vörå 11.8 | kncup |
| 43,78 | Tommy | Flinck -90 | 14 IK Falken | Kristinestad 11.9 | SFSI |

400 M

| | | | | | |
|-------|------------|----------------|--------------|-------------------|------|
| 49,16 | Johan | Nordmyr -84 | 22 IF Kraft | Jakobstad 8.8 | jFM |
| 49,24 | Mikael | Bergdahl -83 | 22 GIF | Jämsänkoski 11.7 | karn |
| 49,55 | Andreas | Uthardt -79 | Vasa IS | Vasa 30.7 | FM |
| 50,51 | Kristoffer | Härtull -79 | GIF | Närpes 24.7 | SFIM |
| 50,61 | Kristoffer | Sandell -79 | IK Falken | Karleby 22.8 | nat |
| 50,90 | Niclas | Sandells -84 | 22 IK Falken | Vasa 31.5 | dt |
| 50,96 | Richard | Mitts -84 | 19 IF Femman | Jakobstad 7.8 | jFM |
| 51,60 | Frank | Lindqvist -88 | 17 IF Länken | Kristinestad 11.9 | SFSI |
| 52,26 | Kyösti | Linna -78 | Vasa IS | Korsholm 10.8 | dt |
| 52,52 | Martin | Hägglom -86 | 19 IF Nyk.n | Jakobstad 14.7 | jDM |
| 52,85 | Jani | Hautala -86 | 19 GIF | Jakobstad 14.7 | jDM |
| 53,01 | Johan | Strandvall -74 | IF Åsarna | Vetil 27.7 | nat |
| 53,04 | Robert | Hagström -87 | 17 GIF | Kristinestad 11.9 | SFSI |
| 53,61 | Niklas | Norrbo -80 | Vasa IS | Karleby 22.8 | nat |

Herrar 19 år forts (3)

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|--------|
| 54,10 | André | Stenfors -86 | 19 IF Femman | Korsholm 10.8 | dt |
| 54,32 | Sebastian | Engström -86 | 19 IF VOM | Jakobstad 14.7 | jDM |
| 55,61 | Simon | Bredbacka -85 | 19 IF Åsarna | Reso 10.9 | jFM-mk |
| 56,50 | Alex | Hellman -86 | 19 IK Falken | Kristinestad 11.9 | SFSI |

Herrar 17 år forts (2)

| | | | | | |
|-------|-----------|-------------|--------------|-------------------|------|
| 54,25 | Sebastian | Härtull -88 | 17 IF Drott | Pedersöre 6.7 | dt |
| 54,80 | Anders | Lindahl -87 | 17 IF Länken | Kristinestad 11.9 | SFSI |
| 55,97 | Fredrik | Åberg -87 | 17 IF Kraft | Kristinestad 11.9 | SFSI |
| 57,08 | Andreas | Lindahl -87 | 17 IF Länken | Närpes 2.6 | nat |

800 M

| | | | | | |
|---------|------------|---------------|--------------|-----------------|-------|
| 1.50,38 | Mikael | Bergdahl -83 | 22 GIF | Kuortane 27.6 | elit |
| 1.52,11 | Kristoffer | Härtull -79 | GIF | Närpes 23.7 | SFIM |
| 1.52,40 | Niclas | Sandells -84 | 22 IK Falken | Vasa 30.7 | FM |
| 1.53,00 | Jan-Erik | Salo -75 | IF Åsarna | Närpes 23.7 | SFIM |
| 1.54,70 | Jani | Hautala -86 | 19 GIF | Björneborg 8.8 | jFM |
| 1.54,71 | Kim | Bergdahl -78 | GIF | Närpes 23.7 | SFIM |
| 1.56,29 | Richard | Mitts -84 | 22 IF Femman | Åbo 28.7 | armÉM |
| 1.57,57 | Kristoffer | Sandell -79 | IK Falken | Närpes 27.8 | DM |
| 1.57,59 | Andreas | Uthardt -79 | Vasa IS | Närpes 27.8 | DM |
| 1.58,26 | Frank | Lindqvist -88 | 17 IF Länken | Lahtis 15.8 | jFM |
| 1.58,31 | Tommy | Granlund -83 | 22 GIF | Karleby 27.7 | dt |
| 1.59,25 | Niklas | Norrbo -80 | Vasa IS | Närpes 27.8 | DM |
| 1.59,59 | Mika | Jäger -76 | GIF | Saarijärvi 26.6 | nat |
| 2.00,85 | Martin | Hägglom -86 | 19 IF Nyk.n | Närpes 23.7 | SFIM |
| 2.01,32 | Sebastian | Engström -86 | 19 IF VOM | Närpes 23.7 | SFIM |
| 2.02,15 | Sebastian | Härtull -88 | 17 IF Drott | Pedersöre 15.6 | nat |
| 2.03,63 | Robert | Hagström -87 | 17 GIF | Karleby 22.8 | nat |
| 2.03,66 | Joakim | Träskelin -84 | 22 IF Femman | Pedersöre 3.6 | dt |
| 2.04,20 | Marcus | Prest -79 | GIF | Pedersöre 15.6 | nat |
| 2.04,66 | Joni | Hautala -88 | 17 GIF | Karleby 27.7 | dt |

Herrar 22 år forts (5)

| | | | | | |
|---------|-------|---------------|--------|---------------|----|
| 2.11,46 | Johan | Kronström -83 | 22 GIF | Kalajoki 20.7 | KP |
|---------|-------|---------------|--------|---------------|----|

Herrar 19 år forts (3)

| | | | | | |
|---------|-------|-------------|-------------|----------------|-----|
| 2.15,88 | Björn | Sjölund -86 | 19 IF Drott | Jakobstad 13.7 | jDM |
|---------|-------|-------------|-------------|----------------|-----|

Herrar 17 år forts (4)

| | | | | | |
|---------|---------|---------------|--------------|----------------|--------|
| 2.10,45 | Anders | Lindahl -87 | 17 IF Länken | Närpes 27.8 | SFIM |
| 2.12,59 | Johnny | Andersson -88 | 17 GIF | Jakobstad 14.7 | jDM |
| 2.15,54 | Thomas | Holm -88 | 17 GIF | Jakobstad 14.7 | jDM |
| 2.16,5 | Marcus | Back -87 | 17 IK Falken | Nykarleby 29.6 | v-fall |
| 2.16,94 | Richard | Wikman -87 | 17 IF Åsarna | Jakobstad 14.7 | jDM |
| 2.18,93 | Tobias | Romar -88 | 17 IF Nyk.n | Pedersöre 28.8 | v-fall |
| 2.21,01 | Johnny | Finnholm -88 | 17 IK Falken | Jakobstad 14.7 | jDM |

Pojkar 15 år

| | | | | | |
|---------|---------|---------------|--------------|----------------|--------|
| 2.09,66 | Eric | Storvall -89 | 15 IF Åsarna | Vetil 14.8 | knFM |
| 2.11,07 | Magnus | Nyman -89 | 15 IF Nyk.n | Pedersöre 28.8 | v-fall |
| 2.11,64 | Simon | Storbjörk -89 | 15 IK Falken | Pedersöre 28.8 | v-fall |
| 2.15,27 | Tobias | Eriksson -89 | 15 IF Nyk.n | Vörå 8.7 | dt |
| 2.15,78 | Markus | Nyholm -89 | 15 IF Nyk.n | Vörå 8.7 | dt |
| 2.22,5 | Staffan | Roslund -89 | 15 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 2.23,09 | Kaj | Sjöberg -89 | 15 IF Nyk.n | Vasa 10.7 | dt |
| 2.31,20 | Kim | Knöös -89 | 15 IF Kraft | Närpes 24.7 | SFIM |

Pojkar 14 år

| | | | | | |
|---------|---------|-------------|--------------|----------------|---------|
| 2.20,60 | Mathias | Prest -90 | 14 IF Åsarna | Vörå 21.8 | knDM |
| 2.22,23 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 2.22,37 | Ali | Azizi -90 | 14 IF Länken | Vörå 21.8 | knDM |
| 2.25,07 | Filip | Hägglom -90 | 14 GIF | Karleby 27.7 | dt |

| | | | | | |
|---------|-----------|---------------|--------------|-------------------|---------|
| 2.26,0 | Christian | Karv -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 2.26,2 | Viktor | Fagerhed -90 | 14 IF Drott | Nykarleby 29.6 | v-fall |
| 2.30,48 | Jonas | Holm -90 | 14 Vasa IS | Vasa 10.7 | dt |
| 2.30,7 | Puja | Heino -90 | 14 IF Länken | Kristinestad 14.9 | skolM |
| 2.31,2 | Oscar | Damén -90 | 14 Vasa IS | Nykarleby 29.6 | v-fall |
| 2.32,3 | Johnny | Backlund -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 2.32,6 | Joakim | Lindvall -90 | 14 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 2.34,81 | Robert | Nordberg -90 | 14 IF Nyk.n | Nykarleby 18.7 | knDM-mk |
| 2.36,19 | Patrick | Häggbloom -90 | 14 IF Länken | Seinäjäki 6.7 | nat |
| 2.36,73 | Oliver | Sjölund -90 | 14 IF Femman | Vasa 10.7 | dt |

1500 M

| | | | | | |
|---------|----------|--------------|--------------|-----------------|-------------|
| 3.46,15 | Jan-Erik | Salo -75 | IF Åsarna | Barcelona 9.7 | Fin-Kat-Por |
| 3.53,14 | Kim | Bergdahl -78 | GIF | Tammerfors 30.5 | nat |
| 3.55,37 | Niclas | Sandells -84 | 22 IK Falken | Jakobstad 7.8 | jFM |
| 3.55,80 | Mikael | Bergdahl -83 | 22 GIF | Jakobstad 7.8 | jFM |
| 4.03,34 | Jani | Hautala -86 | 19 GIF | Närpes 24.7 | SFIM |
| 4.21,74 | Joni | Hautala -88 | 17 GIF | Karleby 7.9 | ÖID-KP |
| 4.24,67 | Marcus | Prest -79 | GIF | Närpes 24.7 | SFIM |

Herrar 17 år forts (1)

| | | | | | |
|---------|--------|---------------|--------------|----------------|--------|
| 4.34,21 | Frank | Lindqvist -88 | 17 IF Länken | Seinäjäki 8.6 | nat |
| 4.36,44 | Anders | Lindahl -87 | 17 IF Länken | Karleby 7.9 | ÖID-KP |
| 4.44,10 | Simon | Storbjörk -89 | 15 IK Falken | Mariehamn 18.9 | SFI-s |
| 4.48,03 | Johnny | Andersson -88 | 17 GIF | Karleby 7.9 | ÖID-KP |

2000 M

Pojkar 15 år

| | | | | | |
|---------|------|--------------|--------------|------------|------|
| 6.16,78 | Eric | Storvall -89 | 15 IF Åsarna | Vetil 15.8 | knFM |
|---------|------|--------------|--------------|------------|------|

Pojkar 14 år

| | | | | | |
|---------|---------|-------------|--------------|-----------|------|
| 6.54,09 | Oskar | Sjölund -90 | 14 IF Drott | Vörå 22.8 | knDM |
| 7.05,50 | Mathias | Prest -90 | 14 IF Åsarna | Vörå 22.8 | knDM |
| 7.32,74 | Joakim | Gistö -90 | 14 IF Åsarna | Vörå 22.8 | knDM |

3000 M

| | | | | | |
|---------|----------|--------------|-----------|------------------|------|
| 8.14,79 | Kim | Bergdahl -78 | GIF | Esbo/O 27.5 | nat |
| 8.18,86 | Jan-Erik | Salo -75 | IF Åsarna | Kuortane 27.6 | elit |
| 8.56,5 | Mats | Haldin -72 | IF Femman | Halden, Nor 19.5 | dt |
| 9.04,81 | Stefan | Härmälä -74 | IF Drott | Vetil 27.7 | nat |

Herrar 22 år

| | | | | | |
|---------|-------|---------------|--------|------------|-----|
| 9.31,81 | Johan | Kronström -83 | 22 GIF | Vetil 27.7 | nat |
|---------|-------|---------------|--------|------------|-----|

Herrar 19 år

| | | | | | |
|----------|-----------|--------------|-----------|-------------------|------|
| 10.04,76 | Sebastian | Engström -86 | 19 IF VOM | Kristinestad 11.9 | SFSI |
|----------|-----------|--------------|-----------|-------------------|------|

Herrar 17 år

| | | | | | |
|----------|--------|---------------|--------------|-------------------|------|
| 10.16,19 | Henrik | Ekstrand -88 | 17 IF Drott | Närpes 23.7 | SFIM |
| 11.07,87 | Johnny | Andersson -88 | 17 GIF | Kristinestad 11.9 | SFSI |
| 11.24,07 | Johnny | Finnholm -88 | 17 IK Falken | Närpes 23.7 | SFIM |
| 11.39,13 | Stefan | Salo -88 | 17 IF Kraft | Närpes 23.7 | SFIM |

5000 M

| | | | | | |
|----------|--------|--------------|-----------|------------------|---------|
| 14.23,45 | Kim | Bergdahl -78 | GIF | Göteborg 5.9 | Fin-Sve |
| 15.30,5 | Mats | Haldin -72 | IF Femman | Halden, Nor 7.10 | dt |
| 16.00,01 | Stefan | Härmälä -74 | IF Drott | Närpes 23.7 | SFIM |

Herrar 22 år

| | | | | | |
|----------|-------|---------------|--------------|-------------|------|
| 16.34,64 | Johan | Kronström -83 | 22 GIF | Närpes 23.7 | SFIM |
| 17.00,43 | Jonas | Lindell -86 | 19 IF Länken | Närpes 23.7 | SFIM |

10000 M

| | | | | | |
|----------|----------|----------------|-----------|---------------|----|
| 34.08,51 | Dan-Olav | Spets -75 | IF Åsarna | Pedersöre 6.7 | DM |
| 34.59,24 | Stefan | Storvall -61 | IF Åsarna | Pedersöre 6.7 | DM |
| 35.57,60 | Hans | Byggmästar -62 | IF Drott | Pedersöre 6.7 | DM |
| 36.27,43 | Johnny | Wallstén -67 | IF Drott | Pedersöre 6.7 | DM |

HALVMARATON

| | | | | | |
|---------|----------|---------------|-----------|------------------|-----|
| 1.11.35 | Dan-Olav | Spets -75 | IF Åsarna | Kronoby 17.7 | dt |
| 1.12.33 | Stefan | Storvall -61 | IF Åsarna | Kronoby 17.7 | dt |
| 1.13.14 | Stefan | Härnälä -74 | IF Drott | Karleby 28.8 | nat |
| 1.14.34 | Tommy | Brännkärr -68 | IF Åsarna | Karleby 28.8 | nat |
| 1.15.27 | Kim | Bergdahl -78 | GIF | Pedersöre/L 26.9 | dt |
| 1.15.38 | Johan | Ehrs -72 | IF VOM | Vasa 4.9 | dt |
| 1.15.43 | Sam | Sundberg -79 | IF Nyk.n | Jakobstad 23.7 | nat |
| 1.16.08 | Thore | Björkgren -61 | Malax IF | Jakobstad 23.7 | nat |
| 1.16.30 | Kaj | Lindskog -68 | IF Åsarna | Vasa 4.9 | nat |
| 1.16.33 | Leif | Ena -79 | IK Falken | Kronoby 17.7 | dt |

| | | | | | |
|---------|----------|----------------|-----------|------------------|-----|
| 1.17.37 | Johnny | Granqvist -78 | IF Kraft | Humppila 29.6 | nat |
| 1.17.42 | Robert | Bergkulla -69 | IF Femman | Korsholm 19.9 | nat |
| 1.18.07 | Max | Pesola -62 | IF PedP | Nedervetil .9 | dt |
| 1.18.27 | Jan-Erik | Nordstedt -63 | IF VOM | Pedersöre/L 26.9 | dt |
| 1.19.36 | Marko | Honkala - | IF Brahe | Pedersöre/L 26.9 | dt |
| 1.19.53 | Matias | Strandvall -85 | 19 IF VOM | Korsholm 19.9 | nat |
| 1.20.05 | Hans | Byggmästar -62 | IF Drott | Vasa 4.9 | nat |
| 1.20.48 | Leif | Nyman -74 | Jakobstad | Kronoby 17.7 | dt |

MARATON

| | | | | | |
|---------|-----------|---------------|-----------|------------------|-----|
| 2.34.11 | Stefan | Härnälä -74 | IF Drott | Joutseno 18.9 | nat |
| 2.41.49 | Kaj | Lindskog -68 | IF Åsarna | Vimpeli 11.9 | dt |
| 2.43,02 | Stefan | Storvall -61 | IF Åsarna | Helsingfors 21.8 | int |
| 2.46.53 | Tommy | Brännkärr -68 | IF Åsarna | Stockholm 5.6 | int |
| 2.48.27 | Max | Pesola -62 | IF PedP | Stockholm 5.6 | it |
| 2.54.38 | Mårten | Lövdahl -58 | IF Femman | Stockholm 5.6 | int |
| 2.55.45 | Robert | Bergkulla -69 | IF Femman | Helsingfors 21.8 | int |
| 2.56.27 | Sten-Erik | Braskén -61 | IF Drott | Stockholm 5.6 | int |
| 2.56.41 | Niklas | Dahllund -72 | IK Falken | Stockholm 5.6 | int |
| 2.57.45 | Johnny | Granqvist -78 | IF Kraft | Vanda 3.10 | nat |

| | | | | | |
|---------|-----------|----------------|-----------|---------------|-----|
| 2.59.25 | Boes | Renvall -53 | IF Åsarna | Stockholm 5.6 | int |
| 2.59.30 | Tore | Grönlund -77 | IF Nyk.n | Stockholm 5.6 | int |
| 3.03.33 | Grels | Wikman -51 | J-stad | Stockholm 5.6 | int |
| 3.01.38 | Christian | Ahlö -77 | | Stockholm 5.6 | int |
| 3.02.49 | Kaj | Kuusisaari -58 | IF PedP | Kalajoki 22.5 | dt |
| 3.00.30 | Christer | Boström -64 | | Stockholm 5.6 | int |
| 3.04 09 | Gösta | Blom -43 | Maxmo SK | Umeå 9.10 | nat |

80 M HÄCK

Pojkar 14 år (84 cm)

| | | | | | | |
|-------|------|--------|--------------|--------------|----------------|---------|
| 13,33 | +0,9 | Eemi | Koivu -90 | 14 IF Länken | Åbo 10.9 | jFM-mk |
| 13,65 | +1,2 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 13,75 | +1,2 | Robert | Nordberg -90 | 14 IF Nyk.n | Nykarleby 18.7 | knDM-mk |
| 14,32 | -0,3 | Johnny | Backlund -90 | 14 IK Falken | Pedersöre 5.8 | v-fall |
| 16,18 | +1,2 | Viktor | Fagerhed -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 16,74 | +1,2 | Tommy | Flink -90 | 14 IK Falken | Nykarleby 18.7 | knDM-mk |

100 M HÄCK

Herrar 17 år (91,4cm)

| | | | | | | |
|-------|------|-----------|--------------|--------------|----------------|--------|
| 15,05 | +0,9 | Viipe | Koivu -88 | 17 IF Länken | Åbo 12.9 | jFM-mk |
| 15,68 | -3,1 | Sebastian | Härtull -88 | 17 IF Drott | Jakobstad 13.7 | jDM |
| 15,88 | -3,1 | Lennart | Sandgren -87 | 17 IF Femman | Jakobstad 13.7 | jDM |
| 17,89 | -3,1 | Tobias | Romar -88 | 17 IF Nyk.n | Jakobstad 13.7 | jDM |
| 19,31 | +1,2 | Johnny | Finnholm -88 | 17 IK Falken | Nykarleby 18.7 | jDM-mk |

Pojkar 15 år (84 cm)

| | | | | | | |
|-----------|------|------------|-------------|--------------|---------------|------|
| 17,96 | -0,6 | Ali | Azizi -90 | 14 IF Länken | Kauhajoki 7.7 | dt |
| I medvind | | | | | | |
| 16,85 | +3,4 | Kristoffer | Bergvik -89 | 15 Malax IF | Närpes 23.7 | SFIM |

110 M HÄCK

| | | | | | | |
|-------|------|------------|---------------|--------------|----------------|-------|
| 15,26 | +1,3 | Kristoffer | Sandell -79 | IK Falken | Närpes 28.8 | DM |
| 15,63 | -0,6 | Mikael | Westö -82 | 22 IF Femman | Korsholm 17.8 | SFI-s |
| 16,36 | -0,6 | Jens | Wallin -77 | Vasa IS | Mariehamn 18.9 | SFI-s |
| 17,35 | +1,3 | Johan | Westö -85 | 19 IF Femman | Närpes 28.8 | DM |
| 19,17 | +1,3 | Lennart | Sandgren -87 | 17 IF Femman | Närpes 28.8 | DM |
| 19,48 | -0,6 | Frank | Dahlbacka -86 | 19 IF Nyk.n | Korsholm 17.8 | SFI-s |

I medvind:

| | | | | | | |
|-------|------|------------|-------------|-----------|-------------|------|
| 14,92 | +2,7 | Kristoffer | Sandell -79 | IK Falken | Närpes 24.7 | SFIM |
|-------|------|------------|-------------|-----------|-------------|------|

Herrar 19 år (100cm)

| | | | | | | |
|-------|------|-------|---------------|--------------|-----------|--------|
| 16,55 | +1,1 | Johan | Westö -85 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 16,78 | +1,1 | Simon | Bredbacka -85 | 19 IF Åsarna | Reso 11.9 | jFM-mk |

I medvind

| | | | | | | |
|-------|------|--------|--------------|--------------|-----------|--------|
| 18,42 | +3,0 | Rasmus | Granholm -85 | 19 IF Åsarna | Reso 11.9 | jFM-mk |
| 18,84 | +3,0 | André | Stenfors -86 | 19 IF Femman | Reso 11.9 | jFM-mk |

200 M HÄCK

Pojkar 14 år

| | | | | | | |
|-------|------|--------|--------------|--------------|-----------|------|
| 33,41 | -1,6 | Robert | Nordberg -90 | 14 IF Nyk.n | Vörå 21.8 | knDM |
| 33,91 | -1,6 | Johnny | Backlund -90 | 14 IK Falken | Vörå 21.8 | knDM |

300 M HÄCK

| | | | | | | |
|-------|--|---------|--------------|--------------|----------------|-----|
| 44,81 | | Lennart | Sandgren -87 | 17 IF Femman | Jakobstad 14.7 | jDM |
| 57,40 | | Daniel | Sandgren -89 | 15 IF Femman | Jakobstad 14.7 | jDM |

400 M HÄCK

| | | | | | | |
|-------|--|------------|-------------|-----------|-------------|------|
| 53,30 | | Kristoffer | Sandell -79 | IK Falken | Närpes 23.7 | SFIM |
|-------|--|------------|-------------|-----------|-------------|------|

1500 M HINDER

| | | | | | | |
|---------|--|--------|---------------|--------------|---------------|------|
| 4.51,55 | | Joni | Hautala -88 | 17 GIF | Närpes 24.7 | SFIM |
| 5.29,82 | | Johnny | Andersson -88 | 17 GIF | Pedersöre 6.7 | jDM |
| 5.35,59 | | Johnny | Finnholm -88 | 17 IK Falken | Närpes 24.7 | SFIM |

2000 M HINDER

| | | | | | | |
|---------|--|-----------|--------------|-----------|----------------|-------------|
| 5.28,80 | | Kim | Bergdahl -78 | GIF | Barcelona 9.7 | Fin-Kat-Por |
| 6.32,79 | | Sebastian | Engström -86 | 19 IF VOM | Björneborg 7.8 | jFM |

3000 M HINDER

| | | | | | | |
|---------|--|-----|--------------|-----|--------------|---------|
| 8.33,75 | | Kim | Bergdahl -78 | GIF | Göteborg 4.9 | Fin-Sve |
|---------|--|-----|--------------|-----|--------------|---------|

9.03,72 Jan-Erik Salo -75 IF Åsarna Vasa 30.7 FM

HÖJD

| | | | | | |
|-----|------------|---------------|--------------|--------------------------------|-----------------|
| 227 | Oskari | Frösén -76 | IF Länken | Hezogenbuchsee, Swi 30.5 int | |
| 200 | Markus | Sandbacka -87 | 17 IK Falken | Pedersöre 5.8 | v-fall |
| 193 | Kristoffer | Sandell -79 | IK Falken | Eskilstuna 17.7 | SFI-TuUL-Sörml. |
| 192 | Rune | Wikström -87 | 17 IK Falken | Viitasaari 1.7 | karn |
| 186 | Simon | Bredbacka -85 | 19 IF Åsarna | Jakobstad 14.7 | jDM |
| 183 | Joakim | Ålund -89 | 15 IF Kraft | Närpes 24.7 | SFIM |
| 181 | Viipe | Koivu -88 | 17 IF Länken | Åbo 23.6 | nat |
| 180 | Rasmus | Granholm -85 | 19 IF Åsarna | Pedersöre 3.6 | dt |
| 175 | Daniel | Sjölin -85 | 19 IF Åsarna | Jakobstad 14.7 | jDM |
| 175 | Christian | Westö -79 | IF Femman | Närpes 27.8 | DM |
| 175 | Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 28.8 | v-fall |

Herrar 19 år forts (3)

| | | | | | |
|-----|-------|--------------|--------------|-------------------|--------|
| 173 | André | Stenfors -86 | 19 IF Femman | Reso 10.9 | jFM-mk |
| 170 | Johan | Westö -85 | 19 IF Femman | Reso 10.9 | jFM-mk |
| 170 | Adam | Näse -86 | 19 IF Åsarna | Kristinestad 11.9 | SFSI |

Herrar 17 år forts (3)

| | | | | | |
|-----|-----------|-------------|-------------|----------------|--------|
| 165 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 17.7 | jDM-mk |
|-----|-----------|-------------|-------------|----------------|--------|

Pojkar 15 år

| | | | | | |
|-----|--------|--------------|--------------|------------------|--------|
| 183 | Joakim | Ålund -89 | 15 IF Kraft | Närpes 24.7 | SFIM |
| 158 | Esney | Löf -89 | 15 IF Drott | Nykarleby 29.6 | v-fall |
| 155 | Tobias | Eriksson -89 | 15 IF Nyk.n | Nykarleby 26.5 | dt |
| 155 | Daniel | Sandgren -89 | 15 IF Femman | Jakobstad 13.7 | jDM |
| 150 | Oscar | Wilson -89 | 15 Malax IF | Kannonkoski 11.7 | dt |

Pojkar 14 år

| | | | | | |
|-----|----------|--------------|--------------|-------------------|---------|
| 175 | Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 28.8 | v-fall |
| 168 | Eemi | Koivu -90 | 14 IF Länken | Åbo 10.9 | jFM-mk |
| 160 | Patrick | Hägglom -90 | 14 IF Länken | Närpes 24.7 | SFIM |
| 155 | Martin | Kjellman -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 155 | Robert | Bamm -90 | 14 IF VOM | Pedersöre 28.8 | v-fall |
| 154 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 145 | Rickhard | Höglund -90 | 14 IF Fyren | Vörå 21.8 | knDM |
| 142 | Johnny | Backlund -90 | 14 IK Falken | Nykarleby 18.7 | knDM-mk |
| 140 | Fredrik | Eklöv -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 140 | Jonathan | Dahlgren -90 | 14 IF Länken | Kristinestad 5.7 | dt |
| 140 | Ali | Azizi -90 | 14 IF Länken | Kristinestad 27.7 | dt |

STAV

| | | | | | |
|-----|-----------|--------------|--------------|----------------|--------|
| 545 | Mikael | Westö -82 | 22 IF Femman | Jyväskylä 30.6 | nat |
| 475 | Christian | Westö -79 | IF Femman | Vörå 8.7 | dt |
| 422 | André | Stenfors -86 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 402 | Johan | Westö -85 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 380 | Lennart | Sandgren -87 | 17 IF Femman | Jakobstad 14.7 | jDM |
| 370 | Viipe | Koivu -88 | 17 IF Länken | Närpes 23.7 | SFIM |
| 350 | Johnny | Backlund -90 | 14 IK Falken | Vörå 22.8 | knDM |
| 350 | Victor | Westö -91 | 13 IF Femman | Vörå 22.8 | knDM |
| 350 | Mikael | Forsell -77 | IF VOM | Närpes 28.8 | DM |
| 320 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 18.7 | jDM-mk |
| 320 | Eemi | Koivu -90 | 14 IF Länken | Närpes 23.7 | SFIM |

Herrar 17 år forts (3)

| | | | | | |
|-----|-------------|--------------|--------------|----------------|--------|
| 270 | Johnny | Finnholm -88 | 17 IK Falken | Nykarleby 18.7 | jDM-mk |
| 240 | Ville-Mikko | Haapala -88 | 17 IF Länken | Närpes 23.7 | SFIM |

Pojkar 15 år

| | | | | | |
|-----|--------|--------------|--------------|----------------|-----|
| 260 | Daniel | Sandgren -89 | 15 IF Femman | Jakobstad 14.7 | jDM |
|-----|--------|--------------|--------------|----------------|-----|

Pojkar 14 år

| | | | | | |
|-----|---------|---------------|--------------|-------------------|---------|
| 350 | Johnny | Backlund -90 | 14 IK Falken | Vörå 22.8 | knDM |
| 320 | Eemi | Koivu -90 | 14 IF Länken | Närpes 23.7 | SFIM |
| 280 | Robert | Nordberg -90 | 14 IF Nyk.n | Nykarleby 18.7 | knDM-mk |
| 240 | Patrick | Häggbloom -90 | 14 IF Länken | Vetil 15.8 | knFM |
| 220 | Fredrik | Eklöv -90 | 14 IK Falken | Korsholm 8.6 | dt |
| 220 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 220 | Viktor | Fagerhed -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 220 | Tommy | Flinck -90 | 14 IK Falken | Nykarleby 18.7 | knDM-mk |
| 200 | Ali | Azizi -90 | 14 IF Länken | Kristinestad 27.7 | dt |

LÄNGD

| | | | | | |
|-----|----------------|----------------|--------------|-------------------|----------------|
| 796 | +2,0 Simon | Sundsten -78 | IK Falken | Lahtis 14.7 | elit |
| 707 | +1,1 Robert | Strandvall -77 | IF Åsarna | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 680 | +0,9 Daniel | Sjölinde -85 | 19 IF Åsarna | Björneborg 6.8 | jFM |
| 679 | +1,6 Markus | Norrgård -84 | 22 IF Femman | Närpes 23.7 | SFIM |
| 663 | +1,3 Christian | Westö -79 | IF Femman | Kristinestad 5.7 | dt |
| 661 | +1,5 Mikael | Westö -82 | 22 IF Femman | Korsholm 10.8 | dt |
| 659 | +1,3 Simon | Bredbacka -85 | 19 IF Åsarna | Jakobstad 13.7 | jDM |
| 627 | +0,9 Mattias | Holmbäck -86 | 19 IF Åsarna | Pedersöre 15.6 | nat |
| 618 | +1,9 Frank | Dahlbacka -86 | 19 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 617 | +1,6 André | Stenfors -86 | 19 IF Femman | Korsholm 10.8 | dt |
| 615 | +1,0 Johan | Westö -85 | 19 IF Femman | Närpes 27.8 | DM |
| 608 | -0,7 Jouko | Nikula -54 | IF Femman | Århus 26.7 | vetEM |
| 606 | +1,9 Viipe | Koivu -88 | 17 IF Länken | Kristinestad 2.8 | dt |

Herrar 19 år forts (6)

| | | | | | |
|-----|-------------|--------------|--------------|-------------------|--------|
| 581 | -0,4 Rasmus | Granholm -85 | 19 IF Åsarna | Reso 10.9 | jFM-mk |
| 573 | +1,9 Adam | Näse -86 | 19 IF Åsarna | Kristinestad 10.9 | SFSI |

Herrar 17 år forts (1)

| | | | | | |
|-----|----------------|---------------|--------------|----------------|--------|
| 596 | +0,2 Andreas | Kastrén -88 | 17 IF Åsarna | Karleby 7.9 | ÖID-KP |
| 587 | +1,8 Marcus | Back -87 | 17 IK Falken | Pedersöre 28.8 | v-fall |
| 581 | +1,4 Lennart | Sandgren -87 | 17 IF Femman | Korsholm 10.8 | dt |
| 559 | +0,6 Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 17.7 | jDM-mk |
| 556 | +0,3 Rune | Wikström -87 | 17 IK Falken | Nykarleby 29.6 | v-fall |
| 556 | +0,2 Jim | Lönnqvist -88 | 17 IK Falken | Nykarleby 29.6 | v-fall |
| 536 | +1,7 Robin | Ahlfors -88 | 17 IF Drott | Jakobstad 13.7 | jDM |
| 527 | +0,6 Jonas | Härtull -88 | 17 IF VOM | Nykarleby 29.6 | v-fall |

Pojkar 15 år

| | | | | | |
|-----|-------------|---------------|--------------|-------------------|-------|
| 514 | +0,6 Kaj | Sjöberg -89 | 15 IF Nyk.n | Korsholm 17.8 | SFI-s |
| 588 | +0,9 Joakim | Ålund -89 | 15 IF Kraft | Kristinestad 10.9 | SFSI |
| 491 | +1,1 Oscar | Wilson -89 | 15 Malax IF | Närpes 23.7 | SFIM |
| 486 | +0,5 Simon | Storbjörk -89 | 15 IK Falken | Korsholm 17.8 | SFI-s |

Pojkar 14 år

| | | | | | |
|-----|--------------|-----------------|--------------|-------------------|--------|
| 555 | +0,3 Robert | Bamm -90 | 14 IF VOM | Vetil 15.8 | knFM |
| 512 | +0,2 Patrick | Häggbloom -90 | 14 IF Länken | Kristinestad 10.9 | SFSI |
| 507 | +1,6 Ali | Azizi -90 | 14 IF Länken | Närpes 23.7 | SFIM |
| 505 | +1,1 Mikael | Storbacka -90 | 14 IF Åsarna | Kristinestad 10.9 | SFSI |
| 497 | +1,4 Martin | Kjellman -90 | 14 IK Falken | Pedersöre 5.8 | v-fall |
| 494 | +0,6 Asib | Hotaki -90 | 14 IF Länken | Kristinestad 2.8 | dt |
| 491 | +0,8 Oskar | Sjölund -90 | 14 IF Drott | Pedersöre 7.6 | kncup |
| 480 | +0,8 Oscar | Damén -90 | 14 Vasa IS | Mariehamn 18.9 | SFI-s |
| 478 | +2,0 Niklas | Bjon -90 | 14 IF Åsarna | Kristinestad 10.9 | SFSI |
| 468 | +0,4 Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 7.6 | kncup |
| 466 | +1,4 Andreas | Westerholm -90 | 14 IF Nyk.n | Korsholm 10.8 | dt |
| 456 | +0,9 Stefan | Labuschagne -90 | 14 IF Nyk.n | Pedersöre 5.8 | v-fall |

Medvind

| | | | | | |
|-----|------------|--------------|-----------|--------------|---------|
| 800 | +2,6 Simon | Sundsten -78 | IK Falken | Göteborg 4.9 | Fin-Sve |
|-----|------------|--------------|-----------|--------------|---------|

| | | | | | | |
|-----|------|---------|---------------|--------------|-------------------|----------|
| 689 | +3,0 | Markus | Norrgård -84 | 22 IF Femman | Karleby 22.8 | nat |
| 635 | +4,1 | Mattias | Holmbäck -86 | 19 IF Åsarna | Kristinestad 10.9 | SFSI |
| 624 | +2,3 | Marcus | Back -87 | 17 Pedersöre | Kristinestad 10.9 | SFSI |
| 607 | +2,1 | Viipe | Koivu -88 | 17 IF Länken | Åbo 10.9 | jFM-mk |
| 595 | +2,8 | Joakim | Ålund -89 | 15 IF Kraft | Kristinestad 10.9 | SFSI |
| 541 | +3,7 | Ali | Azizi -90 | 14 IF Länken | Kristinestad 14.9 | skolkamp |
| 539 | +2,6 | Mikael | Storbacka -90 | 14 IF Åsarna | Kristinestad 10.9 | SFSI |
| 517 | +4,7 | Patrick | Häggbloom -90 | 14 IF Länken | Kristinestad 14.9 | skolkamp |
| 502 | +3,0 | Asib | Hotaki -90 | 14 IF Länken | Kristinestad 14.9 | skolkamp |
| 500 | +2,3 | Eemi | Koivu -90 | 14 IF Länken | Kristinestad 14.9 | skolkamp |
| 481 | +2,3 | Niklas | Bjon -90 | 14 IF Åsarna | Pedersöre 7.6 | kncup |

TRESTEG

| | | | | | | |
|-------|------|-----------|---------------|--------------|----------------|--------|
| 14,69 | +1,7 | Daniel | Sjö Lind -85 | 19 IF Åsarna | Björneborg 8.8 | jFM |
| 14,11 | +1,4 | Viipe | Koivu -88 | 17 IF Länken | Lahtis 15.8 | jFM |
| 13,51 | +1,7 | Simon | Bredbacka -85 | 19 IF Åsarna | Björneborg 8.8 | jFM |
| 12,67 | +0,3 | Johan | Westö -85 | 19 IF Femman | Karleby 7.9 | ÖID-KP |
| 12,62 | -1,5 | Joakim | Ålund -89 | 15 IF Kraft | Vasa 10.7 | dt |
| 12,37 | +1,4 | Markus | Norrgård -84 | 22 IF Femman | Närpes 28.8 | DM |
| 12,19 | +0,7 | Christian | Westö -79 | IF Femman | Närpes 28.8 | DM |

Herrar 19 år forts (3)

| | | | | | | |
|-------|------|-------|--------------|--------------|---------------|----|
| 11,33 | +1,9 | André | Stenfors -86 | 19 IF Femman | Korsholm 20.7 | dt |
|-------|------|-------|--------------|--------------|---------------|----|

Herrar 17 år forts (1)

| | | | | | | |
|-------|------|------|--------------|--------------|-------------|------|
| 11,49 | +1,9 | Rune | Wikström -87 | 17 IK Falken | Närpes 24.7 | SFIM |
|-------|------|------|--------------|--------------|-------------|------|

Pojkar 15 år

| | | | | | | |
|-------|------|--------|---------------|--------------|-------------------|-------|
| 12,62 | -1,5 | Joakim | Ålund -89 | 15 IF Kraft | Vasa 10.7 | dt |
| 11,32 | +2,0 | Simon | Storbjörk -89 | 15 IK Falken | Närpes 24.7 | SFIM |
| 10,02 | -0,7 | Tobias | Eriksson -89 | 15 Vasa IS | Vörå 11.8 | kncup |
| 9,86 | +1,6 | Robin | Holmström -89 | 15 IF VOM | Kristinestad 10.6 | kncup |

Pojkar 14 år

| | | | | | | |
|-------|------|---------|---------------|--------------|-------------------|------|
| 10,94 | -3,1 | Eemi | Koivu -90 | 14 IF Länken | Vörå 21.8 | knDM |
| 10,91 | -2,0 | Robert | Bamm -90 | 14 IF VOM | Vörå 21.8 | knDM |
| 10,77 | +1,6 | Patrick | Häggbloom -90 | 14 IF Länken | Kristinestad 18.9 | dt |
| 10,49 | +1,8 | Ali | Azizi -90 | 14 IF Länken | Vasa 10.7 | dt |
| 10,33 | +1,4 | Asib | Hotaki -90 | 14 IF Länken | Seinäjäki 6.7 | nat |
| 10,11 | +1,7 | Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 6.7 | dt |
| 9,76 | -2,1 | Johnny | Backlund -90 | 14 IK Falken | Vörå 21.8 | knDM |

Medvind

| | | | | | | |
|-------|------|-------|---------------|--------------|-------------------|-------|
| 11,88 | +2,8 | André | Stenfors -86 | 19 IF Femman | Korsholm 20.7 | dt |
| 11,57 | +5,3 | Simon | Storbjörk -89 | 15 IK Falken | Pedersöre 6.7 | dt |
| 10,54 | +3,7 | Ali | Azizi -90 | 14 IF Länken | Kristinestad 18.9 | dt |
| 10,32 | +2,1 | Robin | Holmström -89 | 15 IF VOM | Kristinestad 10.6 | kncup |

KULA

| | | | | | | |
|-------|--|--------|---------------|--------------|-------------------|----------------|
| 19,48 | | Robert | Häggbloom -82 | 22 Vasa IS | Fredrikstad 11.9 | NM |
| 15,87 | | Janne | Ketola -78 | IK Falken | Ikalis 15.6 | nat |
| 14,72 | | Johan | Åkerlund -64 | IF Länken | Närpes 27.8 | DM |
| 14,33 | | Stefan | Kulla -77 | IK Falken | Mariehamn 18.9 | SFI-s |
| 13,58 | | Martin | Ahlskog -77 | IF Åsarna | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 12,63 | | Kaj | Ekman -64 | Vasa IS | Korsholm 17.8 | SFI-s |
| 12,14 | | Mikael | Westö -82 | 22 IF Femman | Kristinestad 18.9 | dt |

Herrar 22 år forts (2)

| | | | | | | |
|-------|--|--------|--------------|--------------|---------------|-------|
| 11,88 | | Markus | Röösgren -84 | 22 IF Kraft | Närpes 27.8 | DM |
| 10,65 | | Joakim | Riiki -86 | 19 Malax IF | Malax 15.7 | dt |
| 10,26 | | Mats | Smulter -85 | 19 Malax IF | Malax 15.7 | dt |
| 10,09 | | Johan | Westö -85 | 19 IF Femman | Korsholm 17.8 | SFI-s |

Herrar 19 år (6kg)

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|--------|
| 11,70 | Johan | Westö -85 | 19 IF Femman | Reso 10.9 | jFM-mk |
| 11,05 | Martin | Granö -86 | 19 IF Åsarna | Jakobstad 14.7 | jDM |
| 10,92 | André | Stenfors -86 | 19 IF Femman | Reso 10.9 | jFM-mk |
| 10,65 | Joakim | Riiki -86 | 19 Malax IF | Malax 15.7 | dt |
| 12,40 | 5kg Frank | Dahlbacka -86 | 19 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 12,30 | 5kg Adam | Näse -86 | 19 IF Åsarna | Kristinestad 11.9 | SFSI |

Herrar 17 år (5 kg)

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|----------|
| 14,52 | Viipe | Koivu -88 | 17 IF Länken | Åbo 23.6 | nat |
| 13,17 | Ville | Strömblad -87 | 17 Malax IF | Jakobstad 14.7 | jDM |
| 12,78 | Henrik | Ekstrand -88 | 17 IF Drott | Nykarleby 29.6 | v-fall |
| 12,36 | Mikko | Koskela -87 | 17 IF Länken | Kristinestad 14.9 | skolkamp |
| 11,07 | Simon | Lönnqvist -88 | 17 IK Falken | Pedersöre 28.8 | v-fall |
| 11,05 | Johan | Frösén -88 | 17 IF Länken | Kristinestad 18.9 | dt |
| 10,91 | Kim | Sarin -88 | 17 IF VOM | Pedersöre 28.8 | v-fall |
| 10,85 | Johnny | Finnholm -88 | 17 IK Falken | Nykarleby 17.7 | jDM-mk |
| 10,35 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 17.7 | jDM-mk |

Pojkar 15 år (4 kg)

| | | | | | |
|-------|--------|--------------|--------------|-------------------|----------|
| 12,13 | Tobias | Eriksson -89 | 15 Vasa IS | Närpes 24.7 | SFIM |
| 11,84 | Johan | Nordgren -89 | 15 IF Länken | Kristinestad 14.9 | skolkamp |
| 11,16 | Jonas | Blomberg -89 | 15 IF Länken | Kristinestad 14.9 | skolkamp |

Pojkar 14 år (4 kg)

| | | | | | |
|-------|---------|----------------|--------------|-------------------|--------|
| 13,83 | Andreas | Westerholm -90 | 14 IF Nyk.n | Karleby 7.9 | ÖID-KP |
| 13,02 | Oliver | Sjölund -90 | 14 IF Femman | Karleby 7.9 | ÖID-KP |
| 11,60 | Tommy | Flinck -90 | 14 IK Falken | Pedersöre 3.6 | dt |
| 10,86 | Oskar | Sjölund -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 10,07 | Azib | Hotaki -90 | 14 IF Länken | Närpes 8.8 | dt |
| 9,96 | Eemi | Koivu -90 | 14 IF Länken | Esbo/E 4.9 | dt |
| 9,83 | Robert | Nordberg -90 | 14 IF Nyk.n | Nykarleby 26.5 | dt |
| 9,68 | Johnny | Dahlin -90 | 14 IF VOM | Vörå 8.7 | dt |

DISKUS

| | | | | | |
|-------|--------|---------------|--------------|--------------------|----------------|
| 57,17 | Johan | Åkerlund -64 | IF Länken | Ikalis 25.6 | nat |
| 52,55 | Stefan | Kulla -77 | IK Falken | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 51,47 | Markus | Röösgren -84 | 22 IF Kraft | Jalasjärvi 1.7 | karn |
| 47,65 | Robert | Häggbom -82 | 22 Vasa IS | Jakobstad 8.8 | jFM |
| 46,44 | Janne | Ketola -78 | IK Falken | Järvenpää 10.6 | nat |
| 45,60 | Robert | Höggull -74 | IK Falken | Pedersöre 3.6 | dt |
| 43,80 | Ralf | Högnäs -59 | IK Falken | Kaustby 19.6 | dt |
| 41,32 | Tuomo | Låmgnabba -82 | 22 IF VOM | Jalasjärvi 1.7 | karn |
| 40,54 | Martin | Ahlskog -77 | IF Åsarna | Nedervetil 1.9 | kommM |
| 39,96 | Mats | Granö -81 | IF Åsarna | Kaustby 4.9 | dt |
| 38,57 | René | Lindell -76 | IK Falken | Helsingfors/D 29.8 | dt |
| 38,53 | Mikael | Westö -82 | 22 IF Femman | Kristinestad 18.9 | dt |
| 35,68 | Adam | Näse -86 | 19 IF Åsarna | Pedersöre 3.6 | dt |

Herrar 22 år forts (4)

| | | | | | |
|-------|-------|-----------|--------------|-------------------|----|
| 30,44 | Johan | Westö -85 | 19 IF Femman | Kristinestad 18.9 | dt |
|-------|-------|-----------|--------------|-------------------|----|

Herrar 19 år (1,75 kg)

| | | | | | |
|-------|---------|--------------|--------------|----------------|--------|
| 40,01 | Adam | Näse -86 | 19 IF Åsarna | Nedervetil 7.7 | dt |
| 38,41 | Matias | Holmbäck -86 | 19 IF Åsarna | Jakobstad 13.7 | jDM |
| 35,88 | Martin | Granö -86 | 19 IF Åsarna | Björneborg 8.8 | jFM |
| 33,42 | Johan | Westö -85 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 29,40 | Andreas | Kulla -85 | 19 IK Falken | Jakobstad 13.7 | jDM |

Obekräftat

| | | | | | |
|-------|------|----------|--------------|-----------|----|
| 40,97 | Adam | Näse -86 | 19 IF Åsarna | Vörå 30.7 | dt |
|-------|------|----------|--------------|-----------|----|

Herrar 17 år (1,5 kg)

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|--------|
| 41,10 | Ville | Strömblad -87 | 17 Malax IF | Karleby 7.9 | ÖID-KP |
| 39,87 | Simon | Lönnqvist -88 | 17 IK Falken | Nykarleby 26.5 | dt |
| 39,78 | Kim | Sarin -88 | 17 IF VOM | Kristinestad 10.9 | SFSI |
| 39,69 | Henrik | Ekstrand -88 | 17 IF Drott | Karleby 7.9 | ÖID-KP |
| 37,41 | Johan | Frösén -88 | 17 IF Länken | Jakobstad 13.7 | jDM |
| 36,35 | Viipe | Koivu -88 | 17 IF Länken | Åbo 23.6 | nat |
| 30,43 | Johnny | Finnholm -88 | 17 IK Falken | Nykarleby 18.7 | jDM-mk |
| 29,83 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 18.7 | jDM-mk |
| 27,23 | Tobias | Romar -88 | 17 IF Nyk.n | Pedersöre 15.6 | nat |
| 44,45 | Adam | Näse -86 | 19 IF Åsarna | Kristinestad 10.9 | SFSI |

Pojkar 15 år (1 kg)

| | | | | | |
|-------|--------|--------------|-------------|-------------------|------|
| 54,24 | Johan | Enberg -89 | 15 Malax IF | Kristinestad 10.9 | SFSI |
| 38,44 | Tobias | Eriksson -89 | 15 Vasa IS | Teuva 28.7 | dt |

Pojkar 14 år (1 kg)

| | | | | | |
|-------|---------|----------------|--------------|-------------------|---------|
| 42,31 | Fredrik | Salmela -90 | 14 IF VOM | Kristinestad 10.9 | SFSI |
| 33,27 | Eemi | Koivu -90 | 14 IF Länken | Bötom 19.8 | dt |
| 32,90 | Tommy | Flinck -90 | 14 IK Falken | Vörå 11.8 | kncup |
| 31,29 | Andreas | Westerholm -90 | 14 IF Nyk.n | Vörå 22.8 | knDM |
| 31,13 | Robert | Nordberg -90 | 14 IF Nyk.n | Pedersöre 7.6 | kncup |
| 30,75 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | knDM-mk |
| 30,57 | Johnny | Dahlin -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 29,34 | Mathias | Prest -90 | 14 IF Åsarna | Nedervetil 1.9 | kommM |
| 27,56 | Johnny | Backlund -90 | 14 IK Falken | Vörå 11.8 | kncup |

SLÄGGA

| | | | | | |
|-------|--------|---------------|--------------|-------------------|----------------|
| 75,56 | David | Söderberg -79 | IF VOM | Lahtis 14.7 | elit |
| 70,66 | Mats | Granö -81 | IF Åsarna | Lapinlax 18.7 | elit |
| 53,52 | Martin | Ahlskog -77 | IF Åsarna | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 51,86 | Markus | Granö -79 | IF Åsarna | Närpes 23.7 | SFIM |
| 47,99 | Ville | Strömblad -87 | 17 Malax IF | Närpes 27.8 | DM |
| 45,49 | Martin | Granö -86 | 19 IF Åsarna | Närpes 27.8 | DM |
| 39,40 | Johan | Åkerlund -64 | IF Länken | Kristinestad 25.9 | dt |
| 37,95 | Ralf | Högnäs -59 | IK Falken | Randers, Dan 31.7 | vetEM |
| 36,31 | Janne | Ketola -78 | IK Falken | Uleåborg 7.7 | polisFM |
| 32,84 | Markus | Röösgren -84 | 22 IF Kraft | Närpes 27.8 | DM |

Herrar 19 år (6 kg)

| | | | | | |
|-------|--------|-----------|--------------|-------------|-----|
| 51,36 | Viipe | Koivu -88 | 17 IF Länken | Hyvinge 4.9 | KLL |
| 48,81 | Martin | Granö -86 | 19 IF Åsarna | Kaustby 4.9 | dt |

Herrar 17 år (5 kg)

| | | | | | |
|-------|--------|---------------|--------------|-----------------|--------|
| 64,67 | Ville | Strömblad -87 | 17 Malax IF | Kaustby 18.9 | dt |
| 63,48 | Viipe | Koivu -88 | 17 IF Länken | Tammerfors 18.6 | j-elit |
| 49,52 | Johan | Frösén -88 | 17 IF Länken | Jakobstad 13.7 | jDM |
| 33,02 | Johan | Cederberg -87 | 17 IK Falken | Korsholm 17.8 | SFI-s |
| 25,28 | Simon | Lönnqvist -88 | 17 IK Falken | Korsholm 17.8 | SFI-s |
| 24,50 | Martin | Grandell -91 | 13 Vasa IS | Korsholm 17.8 | SFI-s |

Pojkar 14 år (4 kg)

| | | | | | |
|-------|---------|----------------|--------------|-------------------|------|
| 41,05 | Eemi | Koivu -90 | 14 IF Länken | Björneborg 12.6 | dt |
| 35,44 | Fredrik | Salmela -90 | 14 IF VOM | Vörå 22.8 | knDM |
| 33,79 | Andreas | Westerholm -90 | 14 IF Nyk.n | Vörå 29.7 | dt |
| 32,93 | Johnny | Dahlin -90 | 14 IF VOM | Vörå 22.8 | knDM |
| 27,05 | Tommy | Flinck -90 | 14 IK Falken | Vörå 29.7 | dt |
| 20,72 | Mathias | Bengs -90 | 14 IF VOM | Vörå 29.7 | dt |
| 20,60 | Patrik | Hägglom -90 | 14 IF Länken | Kristinestad 25.9 | dt |

SPJUT

| | | | | | |
|-------|------------|---------------|--------------|-----------------|----------------|
| 59,40 | Peter | Björkroth -64 | GIF | Närpes 28.8 | DM |
| 52,97 | Mikael | Forsell -77 | IF Femman | Närpes 28.8 | DM |
| 51,83 | Toni | Hiekka -84 | 22 GIF | Närpes 28.8 | DM |
| 51,58 | Patrik | Sandell -72 | IK Falken | Nykarleby 18.7 | DM-mk |
| 49,99 | Mats-Johan | Hagman -81 | IF Kraft | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 49,98 | Dennis | Nylund -83 | 22 IK Falken | Närpes 28.8 | DM |
| 49,17 | Adam | Näse -86 | 19 IF Åsarna | Jakobstad 14.7 | jDM |

Herrar 19 år

| | | | | | |
|-------|-------|--------------|--------------|---------------|--------|
| 47,28 | Johan | Westö -85 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 40,96 | André | Stenfors -86 | 19 IF Femman | Reso 11.9 | jFM-mk |
| 40,02 | Kim | Sarin -88 | 17 IF VOM | Pedersöre 6.7 | dt |

Herrar 17 år (700 g)

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|--------|
| 46,28 | Richard | Wikman -87 | 17 IF Åsarna | Jakobstad 14.7 | jDM |
| 44,64 | Kim | Sarin -88 | 17 IF VOM | Närpes 24.7 | SFIM |
| 41,39 | Frank | Lindqvist -88 | 17 IF Länken | Kristinestad 18.9 | dt |
| 40,43 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 18.7 | jDM-mk |
| 38,74 | Viipe | Koivu -88 | 17 IF Länken | Nykarleby 18.7 | jDM-mk |

Pojkar 15 år (600 g)

| | | | | | |
|-------|--------|--------------|------------|--------------|----|
| 44,39 | Tobias | Eriksson -89 | 15 Vasa IS | Ylihärmä 5.9 | dt |
|-------|--------|--------------|------------|--------------|----|

Pojkar 14 år (600 g)

| | | | | | |
|-------|---------|----------------|--------------|-------------------|--------|
| 40,12 | Eemi | Koivu -90 | 14 IF Länken | Etseri 25.8 | skoldM |
| 36,52 | Oskar | Sjölund -90 | 14 IF Drott | Pedersöre 5.8 | v-fall |
| 35,66 | Andreas | Westerholm -90 | 14 IF Nyk.n | Oravais 4.8 | dt |
| 34,52 | Viktor | Fagerhed -90 | 14 IF Drott | Karleby 27.7 | dt |
| 33,84 | Fredrik | Sundell -90 | 14 IF Länken | Kristinestad 18.9 | dt |

10-KAMP

| | | | | | |
|---|--------|----------------|-----------|-------------------|----|
| 4932 | Patrik | Sandell -72 | IK Falken | Nykarleby 17-18.7 | DM |
| (12,29/+0,9 541/+1,7 9,77 162 57,56 19,60/+0,6 30,11 310 51,58 4.56,36) | | | | | |
| 3997 | Tomas | Halmesmäki -78 | IF Drott | Nykarleby 17-18.7 | DM |
| (12,49/+0,9 555/+0,1 8,60 159 61,10 19,79/+0,6 23,76 280 38,23 5.57,20) | | | | | |

Herrar 19 år

| | | | | | |
|--|--------|--------------|--------------|--------------|----|
| 5531 | Johan | Westö -85 | 19 IF Femman | Reso 10-11.9 | FM |
| (12,47/-1,3 581/-0,4 11,70 170 57,31 16,55/+1,1 33,42 402 47,28 5.28,40) | | | | | |
| 5428 | André | Stenfors -86 | 19 IF Femman | Reso 10-11.9 | FM |
| (11,60/+2,2 597/-1,1 10,92 173 54,73 18,84/+3,0 26,63 422 40,96 5.26,76) | | | | | |
| 4552 | Rasmus | Granholm -85 | 19 IF Åsarna | Reso 10-11.9 | FM |
| (12,74/-1,3 581/-1,4 8,43 179 57,74 18,42/+3,0 28,12 272 35,90 5.29,48) | | | | | |

Herrar 17 år

| | | | | | |
|--|-----------|--------------|--------------|-------------------|----|
| 5754 | Viipe | Koivu -88 | 17 IF Länken | Nykarleby 17-18.7 | DM |
| (12,14/+1,0 605/+1,5 14,38 174 39,52 15,08/+1,2 33,56 360 38,74 3.26,60) | | | | | |
| 5403 | Sebastian | Härtull -88 | 17 IF Drott | Nykarleby 17-18.7 | DM |
| (12,43/+1,0 559/+0,6 10,35 165 39,33 15,84/+1,2 29,83 320 40,43 2.49,15) | | | | | |
| 3832 | Johnny | Finnholm -88 | 17 IK Falken | Nykarleby 17-18.7 | DM |
| (13,30/+1,0 464/+2,8 10,85 144 46,90 19,31/+1,2 30,43 270 32,46 3.10,36) | | | | | |

5-KAMP

Pojkar 14 år

| | | | | | |
|---------------------------------------|--------|--------------|--------------|----------------|----|
| (80m häck, höjd, stav, diskus, 800m) | | | | | |
| 2469 | Eemi | Koivu -90 | 14 IF Länken | Åbo 10.9 | FM |
| (13,33/+0,9 168 312 31,47 2.41,43) | | | | | |
| 2335 | Robert | Nordberg -90 | 14 IF Nyk.n | Nykarleby 18.7 | DM |
| (13,75/+1,2 166 280 30,53 2.34,81) | | | | | |
| 2218 | Oskar | Sjölund -90 | 14 IF Drott | Nykarleby 18.7 | DM |
| (13,65/+1,2 154 220 30,75 2.22,23) | | | | | |
| 1952 | Johnny | Backlund -90 | 14 IK Falken | Nykarleby 18.7 | DM |

| | | | | | |
|------------------------------------|------|---------------------|--------------|----------------|----|
| (15,00/+1,2 142 330 24,50 2.44,93) | 1655 | Viktor Fagerhed -90 | 14 IF Drott | Nykarleby 18.7 | DM |
| (16,18/+1,2 136 220 23,79 2.27,48) | 1405 | Tommy Flinck -90 | 14 IK Falken | Nykarleby 18.7 | DM |
| (16,74/+1,2 139 220 26,18 3.08,15) | | | | | |

4x100 M

| | | | | |
|-------|---|--------------|--------------------|--------|
| 41,57 | Mikael Bäck -74, Mats-Johan Hagman -81, Johan Nordmyr -84, Jonathan Åstrand -85 | IF Kraft | Kajana 3.7 | FM |
| 45,53 | Mikael Bergdahl 83, Tommy Granlund -83, Mika Jäger -78, Kristoffer Härtull -79 | GIF | Korsholm 22.6 | DM |
| 45,92 | Kristoffer Sandell -79, Niclas Sandells -84, Patrik Sandell -72, Alex Hellman -86 | IK Falken | Korsholm 22.6 | DM |
| 46,18 | Rune Wikström -87, Marcus Back -87 Niklas Eriksson -, Alex Hellman -86 | 19 IK Falken | Helsingfors/S 22.5 | karn |
| 46,72 | Rasmus Granholm -85, Simon Bredbacka -85 Daniel Sjölin -85, Matias Holmbäck -86 | 19 IF Åsarna | Korsholm 22.6 | DM |
| 47,76 | Fredrik Åberg -87, Tommy Kaivo-oja -88, Christoffer Skrifvars -88, John Södergran - | 17 IF Kraft | Korsholm 22.6 | DM |
| 48,29 | Joakim Wargh -89, Sebastian Plusisaari -89 Thomas Holm -88, Robert Hagström -87 | 17 GIF | Kajana 3.7 | FM |
| 48,66 | Rune Wikström -87, Jim Lönnqvist -88, Tommy Flinck -90, Simon Storbjörk -89 | 17 IK Falken | Korsholm 22.6 | DM |
| 49,20 | Lennart Sandgren -87, Johan Westö -85, Daniel Sandgren -89, André Stenfors -86 | 19 IF Femman | Korsholm 22.6 | DM |
| 50,12 | Tobias Eriksson -89, Kaj Sjöberg -89, Robert Nordberg -90, Magnus Nyman -89 | 15 IF Nyk.n | Kristinestad 17.6 | knDM |
| 50,39 | Kaj Sjöberg -89, Tobias Romar -88, Robert Nordberg -90, Dan-Anders Lindvall - | 17 IF Nyk.n | Korsholm 22.6 | DM |
| 50,99 | Kristoffer Bergvik -89, Oscar Wilson -89, Tobias Höstman -, Mikael Sten - | 15 Malax IF | Kristinestad 17.6 | knDM |
| 51,10 | Mahias Prest -90, Eric Storvall -89 Niklas Bjön -90, Mikael Storbäck -90, | 15 IF Åsarna | Pedersöre 7.6 | kncup |
| 51,93 | Robert Bamm -90, Christian Karv -90, Robert Lerstrand -, Robin Holmström -89 | 15 IF VOM | Kristinestad 17.6 | knDM |
| 52,7 | Simon Storbjörk -89, Fredrik Eklöv -90, Johnny Backlund 90, Tommy Flinck -90 | 15 IK Falken | Nykarleby 29.6 | v-fall |
| 53,48 | Viktor Fagerhed -90, Christian Sundqvist -89 Oskar Sjölund -90, Anton Fagerhed -91 | 15 IF Drott | Kristinestad 17.6 | knDM |
| 53,58 | Jonathan Dahlgren -90, Ali Azizi -90, Asib Hotaki -90, Jesse Palmberg -89 | 15 IF Länken | Kristinestad 17.6 | knDM |
| 55,50 | Daniel Sandgren -89, Jesper Heinonen -91 Mathias Nybacka -91, Simon Suoranta -92 | 15 IF Femman | Kristinestad 10.6 | kncup |
| 55,60 | Lassi Knuutila -89, Jonathan Wilhelmsson - Sami Svanbäck -89, Oscar Damén -90 | 15 Vasa IS | Kristinestad 17.6 | knDM |

4x300 M

| | | | | |
|---------|--|--------------|---------------|----|
| 2.40,34 | Thomas Holm -88, Johnny Andersson -88, Joni Hautala -88, Robert Hagström -87 | 17 GIF | Kajana 4.7 | FM |
| 2.42,66 | Jim Lönnqvist -, Simon Storbjörk -89, Roger Edström -87, Rune Wikström -87 | 17 IK Falken | Korsholm 22.6 | DM |
| 2.44,01 | Tobias Eriksson -89, Kaj Sjöberg -89, Magnus Nyman 89, Tobias Romar -88 | 17 IF Nyk.n | Korsholm 22.6 | DM |
| 2.46,69 | Christoffer Skrifvars -88, Fredrik Åberg -87, Tommy Kaivo-oja -88, Kim Knöös -90 | 17 IF Kraft | Korsholm 22.6 | DM |

4x400 M

| | | | | |
|---------|---|----------|------------|----|
| 3.25,00 | Mika Jäger -78, Tommy Granlund -83 Kristoffer Härtull -79, Mikael Bergdahl -83 | GIF | Kajana 4.7 | FM |
| 3.29,59 | René Michelsson -79, Johan Nordmyr -84, Mats-Johan Hagman -81, Jonathan Åstrand | IF Kraft | Kajana 4.7 | FM |

| | | | | |
|---------|--|--------------|---------------|----|
| 3.40,57 | Toni Myllymäki -, Robert Strandvall -77, Jan-Erik Salo -75, Dan-Olav Spets -75 | IF Åsarna | Korsholm 22.6 | DM |
| 3.41,17 | Patrik Sandell -72, Kristoffer Sandell -79, Niclas Sandells -84, Alex Hellman -86 | IK Falken | Korsholm 22.6 | DM |
| 4.13,21 | André Stenfors -86, Lennart Sandgren -87 Johan Westö -85, Daniel Sandgren -89 | 19 IF Femman | Korsholm 22.6 | DM |

3x800 M

| | | | | |
|---------|---|--------------|---------------|----|
| 6.24,89 | Joni Hautala -88, Johnny Andersson -88 Robert Hagström -87 | 17 GIF | Kajana 3.7 | FM |
| 6.37,56 | Henrik Ekstrand -88, Oskar Sjölund -90 Sebastian Härtull -88 | 17 IF Drott | Korsholm 22.6 | DM |
| 6.45,03 | Matias Prest -90, Richard Wikman -87, Eric Storrvall -89 | 17 IF Åsarna | Korsholm 22.6 | DM |
| 7.02,87 | Magnus Nyman 89-, Tobias Eriksson -89, Tobias Romar -88 | 17 IF Nyk.n | Korsholm 22.6 | DM |
| 7.24,41 | Simon Storbjörk -89, Johnny Finnholm -88, Roger Edström -87 | 17 IK Falken | Korsholm 22.6 | DM |

4x800 M

| | | | | |
|----------|--|--------------|-------------------|------|
| 7.38,91 | Jani Hautala -86, Kim Bergdahl -78, Kristoffer Härtull -79, Mikael Bergdahl -83 | GIF | Kajana 3.7 | FM |
| 8.22,50 | Mika Jäger -78, Marcus Prest -79, Tommy Granlund -83, Johan Kronström -83 | GIF | Kajana 3.7 | FM |
| 9.18,14 | Tobias Eriksson -89, Tobias Nybäck -89, Staffan Roslund -89, Markus Nyholm -89 | 15 IF Nyk.n | Kajana 4.7 | FM |
| 9.39,83 | Joakim Gistö -90, Alexander Haga -89, Matias Prest -90, Eric Storrvall -89 | 15 IF Åsarna | Kristinestad 17.6 | knDM |
| 10.15,46 | Simon Storbjörk -89, Fredrik Eklöv -90, Johnny Backlund -90, Simon Granlund -90 | 15 IK Falken | Kristinestad 17.6 | knDM |
| 10.27,54 | Oskar Sjölund -90, Anton Fagerhed -91, Viktor Fagerhed -90, Christian Sundqvist -89 | 15 IF Drott | Kristinestad 17.6 | knDM |
| 11.30,18 | Asib Hotaki -90, Jonathan Dahlgren -90, Jesse Palmberg -, Ali Azizi -90 | 15 IF Länken | Kristinestad 17.6 | knDM |

4x1500 M

| | | | | |
|----------|---|-----------|---------------|----|
| 15.56,99 | Jani Hautala -86, Mika Jäger -78, Mikael Bergdahl -83, Kim Bergdahl -78 | GIF | Kajana 4.7 | FM |
| 17.46,17 | Dan-Olav Spets -75, Stefan Storrvall -61, Tommy Brännkärr -69, Jan-Erik Salo -75 | IF Åsarna | Korsholm 22.6 | DM |

4x80 M HÄCK

| | | | | |
|-------|--|--------------|-------------------|------|
| 55,99 | Kristoffer Bergvik -89, Mikael Sten -, Oscar Wilson -89, Tobias Höstman - | 15 Malax IF | Kristinestad 17.6 | knDM |
| 58,53 | Johnny Backlund -90, Tommy Flinck -90, Fredrik Eklöv -90, Simon Storbjörk -89 | 15 IK Falken | Kristinestad 17.6 | knDM |
| 64,60 | Mikael Storbacka -90, Niklas Bjön -90, Eric Storrvall -89, Matias Prest -90 | 15 IF Åsarna | Kristinestad 17.6 | knDM |

4x100 M HÄCK

| | | | | |
|-------|---|--------------|---------------|----|
| 59,62 | Rasmus Granholm -85, Simon Bredbacka -85, Daniel Sjölin -85, Matias Holmbäck -86 | 19 IF Åsarna | Korsholm 22.6 | DM |
| 67,79 | Lennart Sandgren -87, Johan Westö -85, Daniel Sandgren -89, André Stenfors -86 | 19 IF Femman | Korsholm 22.6 | DM |

GÅNG

10000 M

| | | | | | |
|------------|---------|--------------|----------|---------------|----|
| 1.04.28,57 | Bo-Erik | Isakas -47 | PedPojk | Pedersöre 6.7 | DM |
| 1.16.48,94 | Nils | Wahlberg -26 | IF Drott | Pedersöre 6.7 | DM |

20 KM

| | | | | | |
|---------|---------|------------|---------|-----------|-------|
| 2.17.51 | Bo-Erik | Isakas -47 | PedPojk | Vanda 4.9 | vetFM |
|---------|---------|------------|---------|-----------|-------|

D a m e r

100 M

| | | | | | |
|-------|----------------|---------------|--------------|-------------------|--------|
| 12,07 | +1,3 Emma | Linton -88 | 17 IF Kraft | Vasa 31.7 | FM |
| 12,10 | +1,0 Jessica | Smulter -80 | IF Kraft | Närpes 2.6 | nat |
| 12,18 | +1,0 Camilla | Wirén -78 | IK Falken | Närpes 24.7 | SFIM |
| 12,40 | +1,6 Moa | Cederberg -87 | 17 IK Falken | Närpes 24.7 | SFIM |
| 12,69 | +2,0 Josefin | Skrifvars -87 | 17 IF Nyk.n | Närpes 2.6 | nat |
| 12,76 | -0,2 Karin | Storbacka -87 | 17 IK Falken | Jakobstad 14.7 | jDM |
| 12,82 | -0,2 Vanessa | Vandy -89 | 15 Vasa IS | Karleby 7.9 | ÖID-KP |
| 12,83 | +1,0 Sandra | Smedlund -86 | 19 IF Drott | Pedersöre 15.6 | nat |
| 12,84 | +1,0 Jannica | Rönnqvist -86 | 19 GIF | Pedersöre 15.6 | nat |
| 12,88 | +0,7 Caroline | Backa -87 | 17 IK Falken | Pedersöre 15.6 | nat |
| 12,95 | +1,8 Nina | Cederberg -89 | 15 IK Falken | Närpes 24.7 | SFIM |
| 13,07 | +1,2 Sofia | Mattsson -89 | 15 Vasa IS | Jakobstad 14.7 | jDM |
| 13,17 | +1,3 Jonna | Huhtaoja -85 | 19 Malax IF | Närpes 28.8 | DM |
| 13,28 | -0,4 Caroline | Wärn -88 | 17 IK Falken | Kristinestad 11.9 | SFSI |
| 13,31 | +1,3 Michelle | Vandy -89 | 15 Vasa IS | Närpes 28.8 | DM |
| 13,35 | -1,4 Alexandra | Kvist -89 | 15 IF Femman | Vörå 21.8 | knDM |
| 13,36 | +1,3 Jenni | Isolammi -80 | IF Drott | Närpes 28.8 | DM |
| 13,37 | -0,9 Anna | Snellman -90 | 14 IF Femman | Vasa 10.7 | dt |
| 13,38 | +0,9 Ingegerd | Sandell -86 | 19 GIF | Pedersöre 15.6 | nat |
| 13,40 | +1,8 Jennifer | Kjellman -89 | 15 IK Falken | Närpes 24.7 | SFIM |
| 13,41 | -0,9 Sari | Saranpää -89 | 15 IF Drott | Vasa 10.7 | dt |
| 13,43 | +1,9 Nina | Fagerudd -90 | 14 IF Drott | Pedersöre 6.7 | dt |
| 13,44 | +1,0 Isabella | Berglund -88 | 17 Vasa IS | Vasa 31.5 | dt |
| 13,47 | -1,5 Alexandra | Pensar -91 | 13 IF Femman | Närpes 8.8 | dt |

Damer 19 år forts (4)

| | | | | | |
|-------|-----------|-------------|--------------|----------------|-----|
| 13,54 | +1,3 Lena | Solvin -86 | 19 IF Nyk.n | Närpes 28.8 | DM |
| 13,59 | +0,9 Mia | Grannas -85 | 19 IK Falken | Pedersöre 15.6 | nat |

Damer 17 år forts (6)

| | | | | | |
|-------|---------------|----------------|--------------|----------------|--------|
| 13,50 | +1,1 Anna | Solvin -88 | 17 IF Nyk.n | Nykarleby 26.5 | dt |
| 13,54 | +1,2 Anna | Järvinen -88 | 17 IF Femman | Vörå 8.7 | dt |
| 13,58 | +1,1 Marina | Hellén -88 | 17 Vasa IS | Kauhava 27.7 | j-elit |
| 13,60 | +2,0 Miranda | Haire -88 | 17 IF Kraft | Närpes 2.6 | nat |
| 13,68 | +2,0 Anette | Öster -87 | 17 IF Kraft | Närpes 2.6 | nat |
| 13,69 | +1,0 Linn | Brandtberg -88 | 17 Vasa IS | Vasa 31.5 | dt |
| 13,74 | +1,0 Sanna | Nygård -88 | 17 Vasa IS | Vasa 31.5 | dt |
| 13,74 | +0,7 Karolina | Bjurs -88 | 17 Malax IF | Vasa 31.5 | dt |
| 13,74 | +2,0 Tove | Hästbacka -88 | 17 IF Kraft | Närpes 2.6 | nat |
| 13,78 | +2,0 Jessica | Nordback -88 | 17 IF Kraft | Närpes 2.6 | nat |

Flickor 15 år forts (7)

| | | | | | |
|-------|----------------|--------------|--------------|-------------------|-------|
| 13,50 | +0,5 Gabriella | Bengs -89 | 15 IF Femman | Vasa 10.7 | dt |
| 13,55 | +1,7 Maija | Krook -89 | 15 IF Kraft | Vasa 10.7 | dt |
| 13,56 | +1,9 Pia-Maria | Lehto -89 | 15 Vasa IS | Pedersöre 6.7 | dt |
| 13,74 | +0,5 Sara | Back -89 | 15 IF Femman | Vasa 10.7 | dt |
| 13,75 | +1,6 Malin | Andtfolk -89 | 15 IF Länken | Kristinestad 11.8 | kommM |
| 13,83 | +1,3 Mari | Willfors -89 | 15 IK Falken | Pedersöre 15.6 | nat |
| 13,87 | +1,6 Johanna | Hägglom -89 | 15 IK Falken | Närpes 24.7 | SFIM |
| 13,98 | +1,9 Susanna | Fors -89 | 15 IF Drott | Pedersöre 6.7 | dt |

| | | | | | | |
|-------|------|---------|--------------|--------------|----------------|--------|
| 14,08 | +0,4 | Helena | Backlund -89 | 15 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 14,10 | -0,7 | Emma | With -89 | 15 IK Falken | Pedersöre 3.6 | dt |
| 14,19 | +1,9 | Rebecca | Fassihi -89 | 15 Vasa IS | Pedersöre 6.7 | dt |

Flickor 14 år

| | | | | | | |
|-------|------|---------|---------------|--------------|----------------|------|
| 13,37 | -0,9 | Anna | Snellman -90 | 14 IF Femman | Vasa 10.7 | dt |
| 13,43 | +1,9 | Nina | Fagerudd -90 | 14 IF Drott | Pedersöre 6.7 | dt |
| 13,71 | +1,9 | Lisette | Österlund -90 | 14 IF VOM | Pedersöre 6.7 | dt |
| 13,81 | +1,7 | Malin | Helsing -90 | 14 IF VOM | Vörå 8.7 | dt |
| 13,86 | +1,9 | Sofie | Södergård -90 | 15 IK Falken | Pedersöre 6.7 | dt |
| 14,01 | -0,2 | Linda | Westö -90 | 14 IF Femman | Vörå 29.7 | dt |
| 14,08 | +1,6 | Oona | Haapamäki -90 | 14 IF Länken | Närpes 24.7 | SFIM |
| 14,28 | +1,6 | Jasmine | Skrifvars -90 | 15 IF Kraft | Närpes 24.7 | SFIM |
| 14,51 | +0,9 | Ellinor | Backström -90 | 14 IK Falken | Pedersöre 15.6 | nat |
| 14,56 | -0,2 | Elin | Andersson -90 | 14 IF Drott | Vörå 29.7 | dt |
| 14,68 | +1,3 | Nadja | Romar -90 | 14 IF Nyk.n | Pedersöre 15.6 | nat |

Medvind

| | | | | | | |
|-------|------|-----------|---------------|--------------|----------------|--------|
| 11,96 | +4,2 | Emma | Linton -88 | 17 IF Kraft | Tammerfors 7.7 | elit |
| 12,36 | +3,1 | Moa | Cederberg -87 | 17 IK Falken | Närpes 24.7 | SFIM |
| 12,66 | +2,1 | Josefine | Skrifvars -87 | 17 IF Nyk.n | Närpes 24.7 | SFIM |
| 12,67 | +3,9 | Karin | Storbacka -87 | 17 IK Falken | Jakobstad 14.7 | jDM |
| 13,08 | +2,2 | Lena | Solvin -86 | 19 IF Nyk.n | Jakobstad 14.7 | jDM |
| 13,14 | +2,4 | Alexandra | Kvist -89 | 15 IF Femman | Närpes 2.6 | nat |
| 13,26 | +2,1 | Caroline | Wärn -88 | 17 IK Falken | Närpes 24.7 | SFIM |
| 13,34 | +3,9 | Isabella | Berglund -88 | 17 Vasa IS | Jakobstad 14.7 | jDM |
| 13,85 | +3,0 | Helena | Backlund -89 | 15 IF Nyk.n | Nykarleby 26.5 | dt |
| 14,20 | +2,4 | Victoria | Lassander -89 | 15 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 13,54 | +2,7 | Lisette | Österlund -90 | 14 IF VOM | Jakobstad 14.7 | jDM |
| 13,98 | | Josefin | Fiskars -90 | 14 IF Fyren | Korsnäs 17.6 | dt |
| 14,17 | +2,4 | Daniela | Häggman -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 14,31 | +2,4 | Jennie | Ahlgren -90 | 14 IF Drott | Nykarleby 29.6 | v-fall |

200 M

| | | | | | | |
|-------|------|----------|---------------|--------------|----------------|--------|
| 25,25 | +0,5 | Jessica | Smulter -80 | IF Kraft | Närpes 23.7 | SFIM |
| 25,26 | +0,5 | Camilla | Wirén -78 | IK Falken | Närpes 23.7 | SFIM |
| 25,50 | +1,0 | Emma | Linton -88 | 17 IF Kraft | Lahtis 8.6 | j-elit |
| 25,72 | +1,7 | Karin | Storbacka -87 | 17 IK Falken | Gävle 17.7 | int |
| 25,96 | +1,9 | Moa | Cederberg -87 | 17 IK Falken | Närpes 27.8 | DM |
| 26,18 | +1,9 | Josefin | Skrifvars -87 | 17 IF Nyk.n | Närpes 27.8 | DM |
| 26,64 | +0,4 | Jonna | Huhtaoja -85 | 19 Malax IF | Kannus 4.8 | nat |
| 26,79 | +1,4 | Caroline | Backa -87 | 17 IK Falken | Reso 11.9 | jFM-mk |
| 27,11 | -2,0 | Jannica | Rönnqvist -86 | 19 GIF | Jakobstad 13.7 | jDM |
| 27,14 | -3,3 | Anna | Storlund -84 | 22 IF VOM | Närpes 2.6 | nat |
| 27,21 | -2,0 | Emma | Nygård -86 | 19 GIF | Jakobstad 13.7 | jDM |
| 27,27 | -2,0 | Sandra | Smedlund -86 | 19 IF Drott | Jakobstad 13.7 | jDM |
| 27,48 | +1,9 | Mia | Grannas -85 | 19 IK Falken | Närpes 23.7 | SFIM |
| 27,50 | +1,6 | Isabella | Berglund -88 | 17 Vasa IS | Närpes 27.8 | DM |
| 27,53 | -1,1 | Caroline | Wärn -88 | 17 IK Falken | Karleby 7.9 | ÖID-KP |
| 27,95 | 0,0 | Jonna | Skrifvars -91 | 13 IF Nyk.n | Pedersöre 5.8 | v-fall |

Damer 17 år forts (7)

| | | | | | | |
|-------|------|-------|----------------|--------------|-------------------|-------|
| 28,14 | +1,0 | Malin | Andtfolk -89 | 15 IF Länken | Kristinestad 11.8 | kommM |
| 28,45 | +1,3 | Linn | Brandtberg -88 | 17 Vasa IS | Ylistaro 3.6 | dt |

Medvind

| | | | | | | |
|-------|------|----------|-------------|--------------|----------------|--------|
| 27,09 | +2,5 | Caroline | Wärn -88 | 17 IK Falken | Karleby 8.6 | dt |
| 27,26 | +2,8 | Mia | Grannas -85 | 19 IK Falken | Nykarleby 17.7 | jDM-mk |
| 28,47 | +2,8 | Karolina | Bjurs -88 | 17 Malax IF | Nykarleby 17.7 | jDM-mk |

300 M

Damer 17 år

| | | | | | |
|-------|-----------|----------------|--------------|----------------|--------|
| 39,69 | Karin | Storbacka -87 | 17 IK Falken | Lahtis 14.8 | jFM |
| 42,18 | Caroline | Backa -87 | 17 IK Falken | Jakobstad 13.7 | jDM |
| 42,57 | Josefine | Skrifvars -87 | 17 IF Nyk.n | Närpes 23.7 | SFIM |
| 42,81 | Caroline | Wärn -88 | 17 IK Falken | Kauhava 27.7 | j-elit |
| 43,73 | Christina | Ingo -88 | 17 IF Femman | Närpes 23.7 | SFIM |
| 44,02 | Isabella | Berglund -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 44,23 | Jenny | Storlund -88 | 17 IF VOM | Vörå 11.8 | kncup |
| 44,75 | Linn | Brandtberg -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 44,78 | Karolina | Bjurs -88 | 17 Malax IF | Pedersöre 3.6 | dt |
| 45,03 | Moa | Cederberg -87 | 17 IK Falken | Pedersöre 3.6 | dt |
| 45,84 | Marina | Hellén -88 | 17 Vasa IS | Pedersöre 15.6 | nat |
| 45,90 | Anette | Öster -87 | 17 IF Kraft | Jakobstad 13.7 | jDM |
| 46,24 | Emma | Nyman -88 | 17 IF Kraft | Jakobstad 13.7 | jDM |
| 47,39 | Heidi | Jansson -87 | 17 IF Kraft | Jakobstad 13.7 | jDM |

Flickor 15 år

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|-------|
| 43,11 | Alexandra | Kvist -89 | 15 IF Femman | Kristinestad 10.9 | SFSI |
| 43,12 | Vanessa | Vandy -89 | 15 Vasa IS | Kristinestad 10.6 | kncup |
| 43,27 | Michelle | Vandy -89 | 15 Vasa IS | Kristinestad 10.9 | SFSI |
| 43,77 | Nina | Cederberg -89 | 15 IK Falken | Kristinestad 10.9 | SFSI |
| 44,29 | Malin | Andtfolk -89 | 15 IF Länken | Ilmajoki 8.7 | dt |
| 44,82 | Mari | Willfors -89 | 15 IK Falken | Kristinestad 10.9 | SFSI |
| 45,85 | Elin | Backman -89 | 15 IF VOM | Korsholm 10.8 | dt |
| 45,86 | Sari | Saranpää -89 | 15 IF Drott | Pedersöre 7.6 | kncup |
| 45,99 | Sandra | Eriksson -89 | 15 IF Nyk.n | Pedersöre 6.7 | dt |
| 46,47 | Sofia | Mattsson -89 | 15 Vasa IS | Vörå 11.8 | kncup |
| 47,08 | Helena | Backlund -89 | 15 IF Nyk.n | Pedersöre 7.6 | kncup |
| 47,09 | Jennifer | Kjellman -89 | 15 IK Falken | Pedersöre 7.6 | kncup |
| 47,4 | Susanna | Fors -89 | 15 IF Drott | Jakobstad 21.6 | |
| 47,63 | Malin | Boholm -89 | 15 IF Åsarna | Kristinestad 10.9 | SFSI |
| 47,95 | Emma | Hovi -89 | 15 Vasa IS | Pedersöre 6.7 | dt |

Flickor 14 år

| | | | | | |
|-------|-----------|----------------|--------------|-------------------|--------|
| 43,99 | Nina | Fagerudd -90 | 14 IF Drott | Pedersöre 5.8 | v-fall |
| 44,79 | Lisette | Österlund -90 | 14 IF VOM | Närpes 23.7 | SFIM |
| 45,8 | Anna | Snellman -90 | 14 IF Femman | Kristinestad 10.6 | kncup |
| 46,20 | Caroline | Granberg -90 | 14 IF Drott | Kristinestad 10.9 | SFSI |
| 46,88 | Sabina | Berg -90 | 14 IF Kraft | Kristinestad 10.9 | SFSI |
| 47,58 | Nadja | Romar -90 | 14 IF Nyk.n | Pedersöre 6.7 | dt |
| 48,28 | Emma | Ahlsved -90 | 14 IF Åsarna | Pedersöre 7.6 | kncup |
| 48,40 | Hanna | Eklund -90 | 14 IK Falken | Pedersöre 7.6 | kncup |
| 49,0 | Jessica | Ingo -90 | 14 Vasa IS | Kristinestad 10.6 | kncup |
| 49,24 | Frida | Öst -90 | 14 IK Falken | Pedersöre 3.6 | dt |
| 49,1 | Stephanie | Back -90 | 14 IF Femman | Kristinestad 10.6 | kncup |
| 49,41 | Lina | Bonde -90 | 14 IF Nyk.n | Pedersöre 7.6 | kncup |
| 49,7 | Daniela | Häggman -90 | 14 IF VOM | Kristinestad 10.6 | kncup |
| 49,97 | Nina | Korpisaari -90 | 14 IF Femman | Kristinestad 10.6 | kncup |

400 M

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|-------|
| 56,64 | Karin | Storbacka -87 | 17 IK Falken | Vasa 30.7 | FM |
| 57,43 | Anna | Storlund -84 | 22 IF VOM | Vasa 30.7 | FM |
| 59,08 | Jannica | Rönnqvist -86 | 19 GIF | Pedersöre 15.6 | nat |
| 59,87 | Caroline | Backa -87 | 17 IK Falken | Gävle 16.7 | |
| 60,33 | Jonna | Huhtaoja -85 | 19 Malax IF | Närpes 24.7 | SFIM |
| 60,74 | Vanessa | Vandy -89 | 15 Vasa IS | Mariehamn 18.9 | SFI-s |
| 61,01 | Emma | Nygård -86 | 19 GIF | Vasa 29.6 | nat |
| 61,19 | Jenny | Storlund -88 | 17 IF VOM | Kristinestad 10.9 | SFSI |
| 61,78 | Caroline | Wärn -88 | 17 IF Femman | Mariehamn 18.9 | SFI-s |
| 61,81 | Christina | Ingo -88 | 17 IF Femman | Vasa 29.6 | nat |

| | | | | | |
|-------|----------|----------------|--------------|-------------------|-------|
| 62,08 | Heidi | Eriksson -86 | 19 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 62,87 | Malin | Andtfolk -89 | 15 IF Länken | Seinäjäki 8.6 | nat |
| 63,79 | Nina | Cederberg -89 | 15 IK Falken | Mariehamn 18.9 | SFI-s |
| 64,80 | Michelle | Vandy -89 | 15 Vasa IS | Mariehamn 18.9 | SFI-s |
| 65,34 | Camilla | Wirén -78 | IK Falken | Korsholm 17.8 | SFI-s |
| 65,74 | Linn | Brandtberg -88 | 17 Vasa IS | Kristinestad 10.9 | SFSI |

Damer 19 år forts (4)

| | | | | | |
|-------|-------|--------------|--------------|----------------|-------|
| 66,74 | Mia | Grannas -85 | 19 IK Falken | Korsholm 17.8 | SFI-s |
| 67,98 | Lotta | Storlund -86 | 19 IF VOM | Jakobstad 14.7 | jDM |

Damer 19 år forts (4)

| | | | | | |
|-------|----------|------------|-------------|-------------------|------|
| 66,23 | Karolina | Bjurs -88 | 17 Malax IF | Vasa 31.5 | dt |
| 66,68 | Emma | Nyman -88 | 17 IF Kraft | Kristinestad 10.9 | SFSI |
| 66,85 | Marina | Hellén -88 | 17 Vasa IS | Kristinestad 10.9 | SFSI |

800 M

| | | | | | |
|---------|-----------|---------------|--------------|-------------------|--------|
| 2.11,94 | Anna | Storlund -84 | 22 IF VOM | Tammerfors 7.7 | elit |
| 2.14,22 | Heidi | Sundberg -81 | IF Nyk.n | Tammerfors 7.7 | elit |
| 2.15,70 | Karin | Storbacka -87 | 17 IK Falken | Kristinestad 11.9 | SFSI |
| 2.19,05 | Heidi | Eriksson -86 | 19 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 2.19,64 | Jenny | Storlund -88 | 17 IF VOM | Kristinestad 11.9 | SFSI |
| 2.20,24 | Anette | Björkgård -80 | GIF | Närpes 23.7 | SFIM |
| 2.21,83 | Johanna | Borg -89 | 15 GIF | Vörå 21.8 | knDM |
| 2.23,39 | Elin | Backman -89 | 15 IF VOM | Jakobstad 14.7 | jDM |
| 2.23,74 | Malin | Boholm -89 | 15 IF Åsarna | Kristinestad 11.9 | SFSI |
| 2.24,36 | Christina | Ingo -88 | 17 IF Femman | Vörå 8.7 | dt |
| 2.26,90 | Caroline | Backa -87 | 17 IK Falken | Reso 12.9 | jFM-mk |
| 2.27,15 | Sandra | Eriksson -89 | 15 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 2.29,70 | Nina | Fagerudd -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 2.29,91 | Marika | Blomström -82 | 22 IK Falken | Närpes 23.7 | SFIM |
| 2.30,13 | Vanessa | Vandy -89 | 15 Vasa IS | Åbo 12.9 | jFM-mk |
| 2.30,50 | Caroline | Granberg -90 | 14 IF Drott | Vetil 14.8 | knFM |
| 2.31,36 | Lotta | Storlund -86 | 19 IF VOM | Jämsä 10.7 | karn |

Damer 17 år forts (4)

| | | | | | |
|--------|----------|----------------|------------|----------------|--------|
| 2.35,5 | Isabella | Berglund -88 | 17 Vasa IS | Nykarleby 29.6 | v-fall |
| 2.39,3 | Linn | Brandtberg -88 | 17 Vasa IS | Nykarleby 29.6 | v-fall |

Flickor 15 år forts (5)

| | | | | | |
|---------|------------|--------------|--------------|----------------|---------|
| 2.33,18 | Mari | Willfors -89 | 15 IK Falken | Pedersöre 28.8 | v-fall |
| 2.37,55 | Ann-Louise | Storlund -89 | 15 IF VOM | Närpes 24.7 | SFIM |
| 2.42,4 | Hanna | Backman -89 | 15 Vasa IS | Nykarleby 29.6 | v-fall |
| 2.47,11 | Michelle | Vandy -89 | 15 Vasa IS | Nykarleby 18.7 | knDM-mk |
| 2.49,4 | Sari | Saranpää -89 | 15 IF Drott | Jakobstad 26.7 | |
| 2.51,41 | Andrea | Holm -89 | 15 Vasa IS | Vasa 10.7 | dt |

Flickor 14 år

| | | | | | |
|---------|-----------|----------------|--------------|-------------------|--------|
| 2.29,70 | Nina | Fagerudd -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 2.30,50 | Caroline | Granberg -90 | 14 IF Drott | Vetil 14.8 | knFM |
| 2.37,15 | Mikaela | Löfbacka -90 | 14 IF VOM | Närpes 24.7 | SFIM |
| 2.38,80 | Josefin | Sandvik -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 2.41,16 | Nina | Korpisaari -90 | 14 IF Femman | Vasa 10.7 | dt |
| 2.46,9 | Hanna | Eklund -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 2.47,06 | Nadja | Romar -90 | 14 IF Nyk.n | Vörå 21.8 | knDM |
| 2.48,01 | Lisette | Österlund -90 | 14 IF VOM | Vörå 8.7 | dt |
| 2.49,4 | Anna-Lena | Ekstrand -90 | 14 IF Drott | Jakobstad 26.7 | |
| 2.54,39 | Sofie | Mattjus -90 | 14 IK Falken | Vörå 29.7 | dt |

1500 M

| | | | | | |
|---------|-------|--------------|----------|---------------|------|
| 4.32,19 | Heidi | Sundberg -81 | IF Nyk.n | Kuortane 27.6 | elit |
|---------|-------|--------------|----------|---------------|------|

| | | | | | |
|---------|-----------|----------------|--------------|----------------|--------|
| 4.47,47 | Anette | Björkgård -80 | GIF | Kuortane 27.6 | elit |
| 5.01,16 | Jenny | Storlund -88 | 17 IF VOM | Karleby 7.9 | ÖID-KP |
| 5.06,41 | Heidi | Eriksson -86 | 19 IF Nyk.n | Pedersöre 6.7 | dt |
| 5.07,87 | Sandra | Eriksson -89 | 15 IF Nyk.n | Karleby 7.9 | ÖID-KP |
| 5.11,93 | Marika | Blomström -82 | 22 IK Falken | Mariehamn 18.9 | SFI-s |
| 5.20,13 | Elin | Fagerström -85 | 19 IF Drott | Jakobstad 14.7 | jDM |
| 5.21,24 | Christina | Ingo -88 | 17 IF Femman | Karleby 7.9 | ÖID-KP |
| 5.24,30 | Zenitha | Eriksson -92 | 12 IF Nyk.n | Nykarleby 14.8 | dt |
| 5.26,78 | Lilian | Hellström -92 | 12 IF Åsarna | Vörå 22.8 | knDM |

| | | | | | |
|---------|----------|----------------|--------------|-------------------|-------|
| 5.31,89 | Monica | Prest -91 | 13 IF Åsarna | Vörå 22.8 | knDM |
| 5.34,48 | Nina | Korpisaari -90 | 14 IF Femman | Korsholm 17.8 | SFI-s |
| 5.34,86 | Elina | Höggkull -92 | 12 IK Falken | Vörå 22.8 | knDM |
| 5.35,05 | Andrea | Holm -89 | 15 Vasa IS | Mariehamn 18.9 | SFI-s |
| 5.41,68 | Emilia | Lassi -92 | 12 GIF | Nykarleby 14.8 | dt |
| 5.46,35 | Emma | Hovi -89 | 15 Vasa IS | Mariehamn 18.9 | SFI-s |
| 5.47,47 | Karolina | Bjurs -88 | 17 Malax IF | Kristinestad 27.7 | dt |
| 5.48,34 | Emma | Storvall -92 | 12 IF Åsarna | Vörå 22.8 | knDM |
| 5.53,63 | Annika | Granberg -81 | IK Falken | Mariehamn 18.9 | SFI-s |
| 5.54,5 | Sandra | Johansson -91 | 13 IK Falken | Nykarleby 26.5 | dt |
| 5.55,58 | Marie | Björklund -92 | 12 IF Nyk.n | Nykarleby 14.8 | dt |

2000 M

Flickor 15 år

| | | | | | |
|---------|----------|---------------|--------------|----------------|------|
| 6.58,53 | Sandra | Eriksson -89 | 15 IF Nyk.n | Vörå 22.8 | knDM |
| 7.08,34 | Elin | Backman -89 | 15 IF VOM | Vörå 22.8 | knDM |
| 7.12,43 | Malin | Boholm -89 | 15 IF Åsarna | Vetil 15.8 | knFM |
| 9.43,2 | Victoria | Lassander -89 | 15 IF Nyk.n | Nykarleby 26.5 | dt |

Flickor 14 år

| | | | | | |
|---------|-------|----------------|--------------|----------------|------|
| 7.36,91 | Nina | Korpissari -90 | 14 IF Femman | Vörå 22.8 | knDM |
| 8.41,5 | Nadja | Romar -90 | 14 IF Nyk.n | Nykarleby 26.5 | dt |

3000 M

| | | | | | |
|----------|---------|----------------|-------------|---------------|------|
| 9.54,21 | Heidi | Strandvall -81 | IF Nyk.n | Närpes 24.7 | SFIM |
| 10.02,86 | Anette | Björkgård -80 | GIF | Närpes 24.7 | SFIM |
| 10.31,24 | Paula | Holma -85 | 19 IF VOM | Pedersöre 6.7 | jDM |
| 11.03,98 | Jessica | Strandholm -82 | 22 IF Fyren | Närpes 24.7 | SFIM |
| 11.08,27 | Heidi | Eriksson -86 | 19 IF Nyk.n | Närpes 24.7 | SFIM |
| 11.15,19 | Sandra | Eriksson -89 | 15 IF Nyk.n | Pedersöre 6.7 | jDM |

5000 M

| | | | | | |
|----------|---------|----------------|-------------|-------------|----|
| 17.30,08 | Anette | Björkgård -80 | GIF | Vasa 1.8 | FM |
| 19.17,27 | Jessica | Strandholm -82 | 22 IF Fyren | Närpes 27.8 | DM |

10000 M

| | | | | | |
|----------|---------|----------------|-------------|---------------|---------|
| 36.41,05 | Anette | Byskata -80 | GIF | Göteborg 5.9 | Fin-Sve |
| 40.17,30 | Jessica | Strandholm -82 | 22 IF Fyren | Pedersöre 6.7 | DM |

HALVMARATON

| | | | | | |
|---------|---------|----------------------|-------------|----------------|-----|
| 1.33.02 | Lotta | Bäckström -74 | IF Drott | Tammerfors 8.8 | nat |
| 1.33.19 | Lilian | Strandvall -67 | IF Åsarna | Kronoby 17.7 | dt |
| 1.33.20 | Heidi | Åbacka -76 | IF Åsarna | Kronoby 17.7 | dt |
| 1.33.40 | Benita | Norrbäck-Stenman -63 | IF Drott | Jakobstad 23.7 | nat |
| 1.36.44 | Gerd | Kronqvist -50 | IF Nyk.n | Kronoby 17.7 | dt |
| 1.37.18 | Johanna | Blomström - | IK Falken | Karleby 28.8 | nat |
| 1.38.13 | Carina | Backlund -61 | 40 IF Nyk.n | Vasa 4.9 | nat |
| 1.38.20 | Annette | Häggdahl -58 | IJBK | Korsholm 19.9 | nat |
| 1.38.48 | Maria | Nisula -83 | GIF | Karleby 28.8 | nat |

| | | | | | |
|---------|-----------|-------------------|-------------|----------------|-----|
| 1.39.14 | Monika | Gullström -55 | IF Kraft | Ylistaro 4.4 | dt |
| 1.40.55 | Sol-Britt | Björklund -57 | IF Femman | Jakobstad 23.7 | nat |
| 1.41.34 | Nina | Bergkulla -71 | IF Femman | Vasa 4.9 | nat |
| 1.43.06 | Gun-Britt | Svanström -62 | IF Kraft | Ylistaro 24.4 | dt |
| 1.43.06 | Helena | Salmela -67 | IF VOM | Jakobstad 23.7 | nat |
| 1.43.06 | Sonja | Ömossa -54 | 50 IF Kraft | Vasa 4.9 | nat |
| 1.45.09 | Anette | Rönn -71 | IF Kvarken | Ylistaro 4.4 | dt |
| 1.45.22 | Annika | Långbacka -72 | IF Åsarna | Kronoby 7.8 | dt |
| 1.48.07 | Maria | Strömberg -69 | IF Drott | Jakobstad 23.7 | nat |
| 1.48.38 | Monica | Andersson -62 | 40 IF Drott | Vasa 4.9 | nat |
| 1.49.20 | Inger | Björkman-Dahl -58 | IF Kvarken | Korsholm 19.9 | nat |
| 1.49.52 | Stella | Nelson -60 | IF Kraft | Korsholm 19.9 | nat |
| 1.50.06 | Pia | Malmsten -78 | IF Drott | Jakobstad 23.7 | nat |
| 1.50.15 | Pia-Maria | Emet -64 | IF Drott | Jakobstad 23.7 | nat |
| 1.50.51 | Gun | Gistö -65 | IF Åsarna | Kronoby 17.7 | dt |

MARATON

| | | | | | |
|---------|-----------|----------------------|-------------|------------------|--------|
| 2.52.54 | Anette | Byskata -80 | GIF | Haapajaärvi 7.10 | nat |
| 3.17.09 | Lotta | Bäckström -74 | IF Drott | Stockholm 5.6 | int |
| 3.19.48 | Benita | Norrbäck-Stenman -63 | IF Drott | Stockholm 5.6 | int |
| 3.32.02 | Gerd | Kronqvist -50 | IF Nyk.n | Stockholm 5.6 | int |
| 3.37.39 | Nina | Bergkulla -71 | IF Femman | Helsingfors 21.8 | int |
| 3.37.43 | Jaana | Mäenpää -64 | 40 IF Drott | Karleby 28.8 | nat |
| 3.40.55 | Monika | Gullström -55 | IF Kraft | Helsingfors 21.8 | int |
| 3.44.33 | Maria | Strömberg -69 | IF Drott | Stockholm 5.6 | int |
| 3.44.45 | Gun-Britt | Svanström -62 | IF Kraft | Masku 11.4 | dt |
| 3.45.28 | Lilian | Strandvall -63 | IF Åsarna | Jakobstad 23.7 | nat/DM |
| 3.52.53 | Anette | Häggdahl -58 | IJBK | Stockholm 5.6 | int |
| 3.55.26 | Anette | Rönn -71 | IF Kvarken | Stockholm 5.6 | int |
| 3.55.33 | Heidi | Åsbacka -76 | IF Åsarna | Stockholm 5.6 | int |

80 M HÄCK

Flickor 15 år

| | | | | | | |
|-------|------|-----------|--------------|--------------|-----------------|---------|
| 12,16 | +1,4 | Vanessa | Vandy -89 | 15 Vasa IS | Korsholm 10.8 | dt |
| 12,30 | +0,9 | Alexandra | Kvist -89 | 15 IF Femman | Jämsänkoski 8.7 | karn |
| 13,27 | +1,4 | Sara | Back -89 | 15 IF Femman | Korsholm 10.8 | dt |
| 14,04 | +0,6 | Michelle | Vandy -89 | 15 Vasa IS | Nykarleby 18.7 | knDM-mk |
| 14,08 | -1,8 | Sari | Saranpää -89 | 15 IF Drott | Pedersöre 5.8 | v-fall |
| 14,30 | +0,4 | Maija | Krook -89 | 15 IF Kraft | Nykarleby 18.7 | knDM-mk |
| 14,53 | +0,4 | Susanna | Fors -89 | 15 IF Drott | Nykarleby 18.7 | knDM-mk |
| 15,21 | +0,4 | Jennifer | Kjellman -89 | 15 IK Falken | Nykarleby 18.7 | knDM-mk |

I medvind:

| | | | | | | |
|-------|------|-----------|--------------|--------------|-------------|------|
| 12,23 | +2,2 | Alexandra | Kvist -89 | 15 IF Femman | Närpes 23.7 | SFIM |
| 12,68 | +2,2 | Sara | Back -89 | 15 IF Femman | Närpes 23.7 | SFIM |
| 13,65 | | Michelle | Vandy -89 | 15 Vasa IS | Vörå 22.8 | knDM |
| 14,07 | | Sari | Saranpää -89 | 15 IF Drott | Vörå 22.8 | knDM |

Flickor 14 år

| | | | | | | |
|-------|------|-----------|---------------|--------------|-------------------|---------|
| 12,58 | +2,0 | Linda | Westö -90 | 14 IF Femman | Nykarleby 17.7 | knDM-mk |
| 13,78 | -1,9 | Anna | Snellman -90 | 14 IF Femman | Kristinestad 10.9 | SFSI |
| 13,97 | +0,8 | Jessica | Ingo -90 | 14 Vasa IS | Reso 10.9 | jFM-mk |
| 15,27 | +0,6 | Lina | Bonde -90 | 13 IF Nyk.n | Vörå 22.8 | knDM |
| 15,37 | +0,6 | Nadja | Romar -90 | 14 IF Nyk.n | Vörå 22.8 | knDM |
| 15,48 | -1,8 | Ellinor | Backström -90 | 14 IK Falken | Pedersöre 5.8 | v-fall |
| 15,92 | +2,0 | Jennie | Ahlgren -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |
| 16,02 | +0,6 | Hanna | Eklund -90 | 14 IK Falken | Vörå 22.8 | knDM |
| 16,14 | +2,0 | Nina | Fagerudd -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |
| 16,45 | +2,0 | Anna-Lena | Ekstrand -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |

I medvind:

| | | | | | | |
|-------|------|-------|--------------|--------------|---------------|------|
| 12,33 | +4,3 | Linda | Westö -90 | 14 IF Femman | Närpes 23.7 | SFIM |
| 12,96 | +3,1 | Anna | Snellman -90 | 14 IF Femman | Korsholm 20.7 | dt |
| 15,37 | +2,3 | Nadja | Romar -90 | 14 IF Nyk.n | Närpes 23.7 | SFIM |

100 M HÄCK

| | | | | | | |
|-------|------|----------|---------------|--------------|-------------------|-------|
| 15,88 | +1,9 | Jonna | Huhtaoja -85 | 19 Malax IF | Närpes 28.8 | DM |
| 16,21 | +1,8 | Johanna | Nyholm -85 | 19 IF Nyk.n | Närpes 24.7 | SFIM |
| 16,30 | -4,0 | Sanna | Nygård -88 | 17 Vasa IS | Kristinestad 10.9 | SFSI |
| 17,56 | +1,9 | Johanna | Suikkanen -84 | 22 IF VOM | Närpes 28.8 | DM |
| 17,81 | -4,0 | Isabella | Berglund -88 | 17 Vasa IS | Kristinestad 10.9 | SFSI |
| 18,91 | +0,5 | Mia | Grannas -85 | 19 IK Falken | Nykarleby 17.7 | DM-mk |
| 19,31 | -1,4 | Jessica | Westö -86 | 19 IF Femman | Jakobstad 13.7 | jDM |

Damer 17 år (76,2 cm)

| | | | | | | |
|-------|------|-----------|---------------|--------------|-------------------|--------|
| 15,22 | -0,7 | Sanna | Nygård -88 | 17 Vasa IS | Mariehamn 18.9 | SFI-s |
| 15,35 | 0,0 | Caroline | Backa -87 | 17 IK Falken | Reso 11.9 | jFM-mk |
| 15,82 | +0,5 | Alexandra | Kvist -89 | 15 IF Femman | Karleby 7.9 | ÖID-KP |
| 15,88 | -1,4 | Karin | Storbacka -87 | 17 IK Falken | Korsholm 17.8 | SFI-s |
| 16,31 | -2,3 | Vanessa | Vandy -89 | 15 Vasa IS | Jakobstad 13.7 | jDM |
| 16,48 | +0,7 | Anna | Järvinen -88 | 17 IF Femman | Kalajoki 19.6 | dt |
| 17,38 | -2,3 | Linda | Westö -90 | 14 IF Femman | Jakobstad 13.7 | jDM |
| 17,59 | 0,0 | Carolina | Ohlis -88 | 17 Vasa IS | Mariehamn 18.9 | SFI-s |
| 17,60 | -1,4 | Anna | Solvin -88 | 17 IF Nyk.n | Korsholm 17.8 | SFI-s |
| 17,81 | -4,0 | Isabella | Berglund -88 | 17 Vasa IS | Kristinestad 10.9 | SFSI |

| | | | | | | |
|-------|------|-----------|-------------|--------------|----------------|--------|
| 18,77 | -0,1 | Christina | Ingo -88 | 17 IF Femman | Korsholm 17.8 | SFI-s |
| 19,26 | +1,1 | Emilia | Hallvar -88 | 17 Malax IF | Korsholm 10.8 | dt |
| 19,33 | +1,4 | Lisa | Grannas -88 | 17 IK Falken | Nykarleby 17.7 | jDM-mk |
| 19,73 | -2,3 | Annika | Bäck -88 | 17 Malax IF | Jakobstad 13.7 | jDM |

I medvind:

| | | | | | | |
|-------|------|----------|------------|--------------|----------------|--------|
| 15,18 | +2,2 | Caroline | Backa -87 | 17 IK Falken | Närpes 23.7 | SFIM |
| 15,57 | +2,2 | Sanna | Nygård -88 | 17 Vasa IS | Närpes 23.7 | SFIM |
| 18,37 | +2,2 | Johanna | Syrén -88 | 17 Malax IF | Nykarleby 17.7 | jDM-mk |

| | | | | | | |
|------|------|-------|------------|------------|---------------|----|
| 15,1 | +3,5 | Sanna | Nygård -88 | 17 Vasa IS | Korsholm 20.7 | dt |
|------|------|-------|------------|------------|---------------|----|

200 M HÄCK

Flickor 15 år

| | | | | | | |
|-------|------|-----------|-----------|--------------|-----------------|------|
| 30,94 | -1,0 | Alexandra | Kvist -89 | 15 IF Femman | Jämsänkoski 8.7 | karn |
| 36,40 | -1,6 | Susanna | Fors -89 | 15 IF Drott | Vörå 21.8 | knDM |

I medvind:

| | | | | | | |
|-------|------|-----------|-----------|--------------|-------------|------|
| 30,24 | +3,2 | Alexandra | Kvist -89 | 15 IF Femman | Närpes 24.7 | SFIM |
|-------|------|-----------|-----------|--------------|-------------|------|

Flickor 14 år

| | | | | | | |
|-------|------|---------|---------------|-----------|-----------|------|
| 36,48 | -1,6 | Lisette | Österlund -90 | 14 IF VOM | Vörå 21.8 | knDM |
|-------|------|---------|---------------|-----------|-----------|------|

300 M HÄCK

Damer 17 år

| | | | | | | |
|-------|--|-----------|----------------|--------------|----------------|--------|
| 45,29 | | Caroline | Backa -87 | 17 IK Falken | Närpes 24.7 | SFIM |
| 49,21 | | Christina | Ingo -88 | 17 IF Femman | Korsholm 20.7 | dt |
| 49,99 | | Linn | Brandtberg -88 | 17 Vasa IS | Kauhava 27.7 | j-elit |
| 54,60 | | Karolina | Bjurs -88 | 17 Malax IF | Jakobstad 14.7 | jDM |
| 56,57 | | Annika | Bäck -88 | 17 Malax IF | Jakobstad 14.7 | jDM |

400 M HÄCK

| | | | | | | |
|-------|--|-------|--------------|-------------|-------------|----|
| 63,55 | | Jonna | Huhtaoja -85 | 19 Malax IF | Närpes 27.8 | DM |
|-------|--|-------|--------------|-------------|-------------|----|

| | | | | | |
|-------|----------|----------------|--------------|-------------|----|
| 65,72 | Caroline | Backa -87 | 17 IK Falken | Närpes 27.8 | DM |
| 76,58 | Linn | Brandtberg -87 | 17 Vasa IS | Närpes 27.8 | DM |

1500 M HINDER

| | | | | | |
|---------|----------|--------------|-------------|----------------|--------|
| 5.23,93 | Sandra | Eriksson -89 | 15 IF Nyk.n | Kauhava 27.7 | j-elit |
| 5.28,48 | Jenny | Storlund -88 | 17 IF VOM | Jakobstad 13.7 | jDM |
| 6.17,13 | Karolina | Bjurs -88 | 17 Malax IF | Närpes 23.7 | SFIM |

2000 M HINDER

| | | | | | |
|---------|---------|----------------|-------------|-------------|------|
| 7.33,51 | Jessica | Strandholm -82 | 22 IF Fyren | Närpes 23.7 | SFIM |
|---------|---------|----------------|-------------|-------------|------|

3000 M HINDER

| | | | | | |
|----------|---------|----------------|-------------|-----------|----|
| 10.38,80 | Heidi | Strandvall -81 | IF Nyk.n | Vasa 31.7 | FM |
| 11.47,81 | Jessica | Strandholm -82 | 22 IF Fyren | Vasa 31.7 | FM |

HÖJD

| | | | | | |
|-----|------------|---------------|--------------|-------------------|---------|
| 166 | Maria | Holm -85 | 19 IF Nyk.n | Björneborg 7.8 | jFM |
| 166 | Sara-Lotta | Huhtaoja -83 | 22 Malax IF | Jakobstad 8.8 | jFM |
| 163 | Anna | Järvinen -88 | 17 IF Femman | Korsholm 17.8 | SFI-s |
| 162 | Johanna | Suikkanen -84 | 22 IF VOM | Alavus 20.6 | nat |
| 161 | Maria | Kulla -85 | 19 IK Falken | Jakobstad 13.7 | jDM |
| 161 | Johanna | Nyholm -85 | 19 IF Nyk.n | Björneborg 6.8 | jFM |
| 161 | Sarah | Blusi -89 | 15 IF VOM | Pedersöre 28.8 | v-fall |
| 159 | Charlotte | Sjöholm -86 | 19 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 158 | Jessica | Ingo -90 | 14 Vasa IS | Vetil 15.8 | knFM |
| 158 | Caroline | Backa -87 | 17 IK Falken | Reso 11.9 | jFM-mk |
| 156 | Maija | Krook -89 | 15 IF Kraft | Jakobstad 13.7 | jDM |
| 154 | Lina | Back -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 153 | Malin | Andtfolk -89 | 15 IF Länken | Närpes 23.7 | SFIM |
| 153 | Johanna | Syrén -88 | 17 Malax IF | Kristinestad 10.9 | SFSI |
| 152 | Jennifer | Kjellman -89 | 15 IK Falken | Kristinestad 11.9 | SFSI |
| 151 | Hanna | Lindholm -88 | 17 IF Fyren | Malax 15.7 | dt |
| 151 | Vanessa | Vandy -89 | 15 Vasa IS | Nykarleby 18.7 | knDM-mk |
| 146 | Erika | Mattbäck -91 | 13 IK Falken | Vasa 10.7 | dt |
| 146 | Ellinor | Backström -90 | 14 IK Falken | Kristinestad 11.9 | SFSI |
| 145 | Jessica | Westö -86 | 19 IF Femman | Jakobstad 13.7 | jDM |
| 145 | Anna | Solvin -88 | 17 IF Nyk.n | Pedersöre 5.8 | v-fall |
| 145 | Ann-Louise | Storlund -89 | 15 IF VOM | Vörå 22.8 | knDM |

Damer 17 år forts (5)

| | | | | | |
|-----|------|-------------|--------------|----------------|--------|
| 143 | Lisa | Grannas -88 | 17 IK Falken | Nykarleby 17.7 | jDM-mk |
|-----|------|-------------|--------------|----------------|--------|

Flickor 15 år forts (6)

| | | | | | |
|-----|-----------|--------------|--------------|----------------|---------|
| 142 | Sari | Saranpää -89 | 15 IF Drott | Nykarleby 18.7 | knDM-mk |
| 135 | Alexandra | Kvist -89 | 15 IF Femman | Korsholm 10.8 | dt |
| 132 | Nina | Rönnlund -89 | 15 Malax IF | Malax 15.7 | dt |

Flickor 14 år

| | | | | | |
|-----|-----------|---------------|--------------|-------------------|---------|
| 158 | Jessica | Ingo -90 | 14 Vasa IS | Vetil 15.8 | knFM |
| 154 | Lina | Back -90 | 14 IK Falken | Nykarleby 29.6 | v-fall |
| 146 | Ellinor | Backström -90 | 14 IK Falken | Kristinestad 11.9 | SFSI |
| 140 | Anna | Snellman -90 | 14 IF Femman | Vasa 10.7 | dt |
| 137 | Anna-Lena | Ekstrand -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |
| 135 | Oona | Haapamäki -90 | 14 IF Länken | Kristinestad 14.9 | skolIM |
| 134 | Linda | Westö -90 | 14 IF Femman | Nykarleby 17.7 | knDM-mk |
| 131 | Nina | Fagerudd -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |
| 131 | Jennie | Ahlgren -90 | 14 IF Drott | Nykarleby 17.7 | knDM-mk |
| 130 | Sabina | Berg -90 | 14 IF Kraft | Kristinestad 11.9 | SFSI |

STAV

| | | | | | |
|-----|-----------|----------------|--------------|-------------------|-------|
| 350 | Jessica | Westö -86 | 19 IF Femman | Somero 11.7 | karn |
| 345 | Vanessa | Vandy -89 | 15 Vasa IS | Somero 11.7 | karn |
| 310 | Linda | Westö -90 | 14 IF Femman | Vetil 13.8 | knFM |
| 300 | Michelle | Vandy -89 | 15 Vasa IS | Haapajärvi 20.6 | nat |
| 290 | Maija | Krook -89 | 15 IF Kraft | Närpes 24.7 | SFIM |
| 250 | Henrika | Gästgivars -91 | 13 Vasa IS | Vörå 8.7 | dt |
| 240 | Alexandra | Pensar -91 | 13 IF Femman | Kristinestad 10.6 | kncup |
| 230 | Anna | Snellman -90 | 14 IF Femman | Vetil 13.8 | knFM |
| 230 | Pampula | Koivu -93 | 11 IF Länken | Kauhajoki 29.8 | dt |
| 210 | My | Sarén -91 | 13 Vasa IS | Vörå 8.7 | dt |
| 210 | Lina | Back -90 | 14 IK Falken | Vörå 21.8 | knDM |
| 200 | Ellinor | Backström -90 | 14 IK Falken | Pedersöre 7.6 | kncup |
| 200 | Sofie | Lövdahl -93 | 11 Vasa IS | Närpes 8.8 | dt |
| 200 | Sara | Jakobsen -91 | 13 Vasa IS | Vörå 11.8 | kncup |
| 200 | Alexandra | Sten -90 | 14 IK Falken | Vörå 11.8 | kncup |

LÄNGD

| | | | | | | |
|-----|------|-----------|---------------|--------------|-------------------|--------|
| 565 | +1,0 | Vanessa | Vandy -89 | 15 Vasa IS | Kristinestad 11.9 | SFSI |
| 561 | 0,0 | Sofi | Fagerholm -84 | 22 IF Drott | Jakobstad 14.7 | jDM |
| 547 | +0,6 | Sandra | Smedlund -86 | 19 IF Drott | Jämsä 9.7 | karn |
| 530 | +1,9 | Anna | Solvin -88 | 17 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 529 | +1,0 | Sanna | Nygård -88 | 17 Vasa IS | Närpes 27.8 | DM |
| 513 | +1,6 | Maija | Krook -89 | 15 IF Kraft | Kristinestad 27.7 | dt |
| 508 | +1,7 | Caroline | Backa -87 | 17 IK Falken | Reso 12.9 | jFM-mk |
| 506 | +0,7 | Jennifer | Kjellman -89 | 15 IK Falken | Pedersöre 5.8 | v-fall |
| 503 | +0,6 | Camilla | Wirén -78 | IK Falken | Närpes 27.8 | DM |
| 496 | +0,9 | Johanna | Suikkanen -84 | 22 IF VOM | Närpes 23.7 | SFIM |
| 495 | +1,7 | Linda | Westö -90 | 14 IF Femman | Jakobstad 13.7 | jDM |
| 495 | +1,4 | Lena | Solvin -86 | 19 IF Nyk.n | Närpes 23.7 | SFIM |
| 492 | +0,4 | Alexandra | Kvist -89 | 15 IF Femman | Lappajärvi 4.6 | dt |
| 488 | +1,5 | Isabella | Berglund -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 486 | +1,7 | Jenni | Isolammi -80 | IF Drott | Närpes 27.8 | DM |
| 486 | +1,7 | Johanna | Syrén -88 | 17 Malax IF | Kristinestad 11.9 | SFSI |
| 485 | +1,9 | Marina | Hellén -88 | 17 Vasa IS | Kristinestad 2.8 | dt |
| 485 | +1,0 | Elin | Wahlberg -91 | 13 IF Länken | Kristinestad 11.9 | SFSI |
| 484 | +1,8 | Jennifer | Träsk -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 482 | +1,2 | Charlotta | Björklund -87 | 17 IF Åsarna | Närpes 23.7 | SFIM |
| 481 | +1,6 | Sara | Back -89 | 15 IF Femman | Närpes 24.7 | SFIM |
| 480 | +1,7 | Malin | Antfolk -89 | 15 IF Länken | Kristinestad 27.7 | dt |
| 477 | +1,0 | Michele | Vandy -89 | 15 Vasa IS | Kristinestad 11.9 | SFSI |
| 476 | +1,7 | Jonna | Skrifvars -91 | 13 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 474 | -0,2 | Heidi | Autio -92 | 12 IF VOM | Kristinestad 11.9 | SFSI |
| 471 | +0,6 | Carolina | Ohlis -88 | 17 Vasa IS | Nykarleby 29.6 | v-fall |
| 471 | -0,5 | Charlotte | Sjöholm -86 | 19 IF Nyk.n | Jakobstad 14.7 | jDM |

Damer 17 år forts (9)

| | | | | | | |
|-----|------|------|----------------|--------------|------------------|--------|
| 455 | +1,5 | Linn | Brandtberg -88 | 17 Vasa IS | Kristinestad 2.8 | dt |
| 449 | +1,8 | Lena | Törnroos -88 | 17 Vasa IS | Närpes 23.7 | SFIM |
| 447 | +1,5 | Lisa | Grannas -88 | 17 IK Falken | Närpes 23.7 | SFIM |
| 444 | +1,1 | Åsa | Bergdahl -87 | 17 IK Falken | Nykarleby 29.6 | v-fall |

Flickor 15 år forts (7)

| | | | | | | |
|-----|------|----------|---------------|--------------|----------------|---------|
| 458 | +0,9 | Sari | Saranpää -89 | 15 IF Drott | Nykarleby 18.7 | knDM-mk |
| 432 | +0,2 | Johanna | Häggbloom -89 | 15 IK Falken | Vörå 21.8 | knDM |
| 420 | -1,3 | Susanna | Fors -89 | 15 IF Drott | Nykarleby 18.7 | knDM-mk |
| 420 | +0,2 | Victoria | Lassander -89 | 15 IF Nyk.n | Pedersöre 5.8 | v-fall |

Flickor 14 år

| | | | | | | |
|-----|------|---------|--------------|--------------|-------------------|--------|
| 495 | +1,7 | Linda | Westö -90 | 14 IF Femman | Jakobstad 13.7 | jDM |
| 454 | +2,0 | Jennie | Ahlgren -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 451 | +1,6 | Nina | Fagerudd -90 | 14 IF Drott | Pedersöre 3.6 | dt |
| 426 | +0,3 | Lina | Back -90 | 14 IK Falken | Vörå 21.8 | knDM |
| 424 | +0,5 | Malin | Helsing -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 422 | +1,2 | Sanna | Berg -90 | 14 IF Kraft | Kristinestad 11.9 | SFSI |
| 422 | +0,6 | Rebecca | Ingves -90 | 14 IF Kraft | Kristinestad 11.9 | SFSI |
| 414 | +1,6 | Frida | Öst -90 | 14 IK Falken | Pedersöre 3.6 | dt |
| 409 | +1,0 | Nadja | Romar -90 | 14 IF Nyk.n | Pedersöre 3.6 | dt |

Medvind

| | | | | | | |
|-----|------|-----------|---------------|--------------|-------------------|--------|
| 535 | +2,1 | Sanna | Nygård -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 496 | +2,4 | Malin | Andtfolk -89 | 15 IF Länken | Kristinestad 27.7 | dt |
| 490 | +3,2 | Carolina | Ohlis -88 | 17 Vasa IS | Nykarleby 29.6 | v-fall |
| 479 | | Charlotte | Sjöholm -86 | 19 IF Nyk.n | Munsala 20.7 | |
| 476 | | Sari | Saranpää -89 | 15 IF Drott | Jakobstad 1.9 | skolM |
| 464 | +2,4 | Malin | Helsing -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 459 | | Nina | Cederberg -89 | 15 IK Falken | Vörå 29.7 | dt |
| 456 | | Anna | Snellman -90 | 14 IF Femman | Vörå 29.7 | dt |
| 445 | | Susanna | Fors -89 | 15 IF Drott | Jakobstad 9.6 | |
| 438 | | Caroline | Granberg -90 | 14 IF Drott | Jakobstad 1.9 | skolM |
| 428 | | Pia-Maria | Lehto -89 | 15 Vasa IS | Vörå 29.7 | dt |
| 424 | | Rebecca | Fassihi -89 | 15 Vasa IS | Vörå 29.7 | dt |

TRESTEG

| | | | | | | |
|-------|------|----------|---------------|-------------|----------------|------|
| 12,82 | +0,8 | Sofi | Fagerholm -84 | 22 IF Drott | Jakobstad 7.8 | jFM |
| 12,10 | +2,0 | Johanna | Suikkanen -84 | 22 IF VOM | Jakobstad 7.8 | jFM |
| 11,69 | -0,7 | Vanessa | Vandy -89 | 15 Vasa IS | Vetil 15.8 | knFM |
| 11,43 | +1,6 | Sanna | Nygård -88 | 17 Vasa IS | Närpes 28.8 | DM |
| 10,82 | +0,4 | Maija | Krook -89 | 15 IF Kraft | Jakobstad 14.7 | jDM |
| 10,74 | +0,4 | Michelle | Vandy -89 | 15 Vasa IS | Vetil 15.8 | knFM |
| 10,65 | 0,0 | Carolina | Ohlis -88 | 17 Vasa IS | Pedersöre 6.7 | dt |
| 10,61 | -0,7 | Sari | Saranpää -89 | 15 IF Drott | Vörå 22.8 | knDM |
| 10,49 | +1,5 | Jennifer | Träsk -88 | 17 Vasa IS | Jakobstad 14.7 | jDM |
| 10,45 | +2,0 | Maria | Holm -85 | 19 IF Nyk.n | Jakobstad 13.7 | jDM |

| | | | | | | |
|-------|------|-----------|----------------|--------------|-------------------|-------|
| 10,37 | 0,0 | Linda | Westö -90 | 14 IF Femman | Pedersöre 6.7 | dt |
| 10,22 | +1,7 | Elin | Wahlberg -91 | 13 IF Länken | Vörå 22.8 | knDM |
| 10,17 | +1,1 | Alexandra | Kvist -89 | 15 IF Femman | Korsholm 17.8 | SFI-s |
| 10,12 | +1,5 | Malin | Helsing -90 | 14 IF VOM | Kristinestad 10.6 | kncup |
| 10,07 | +2,0 | Isabella | Berglund -88 | 17 Vasa IS | Korsholm 20.7 | dt |
| 10,06 | -0,2 | Jennifer | Kjellman -89 | 15 IK Falken | Mariehamn 18.9 | SFI-s |
| 9,82 | +0,7 | Malin | Andtfolk -89 | 15 IF Länken | Kristinestad 10.6 | kncup |
| 9,76 | +1,6 | Linn | Brandtberg -88 | 17 Vasa IS | Kristinestad 2.8 | dt |

Flickor 15 år forts (7)

| | | | | | | |
|------|------|------------|---------------|--------------|-------------------|-------|
| 9,69 | 0,0 | Sara | Back -89 | 15 IF Femman | Korsholm 17.8 | SFI-s |
| 9,60 | +2,0 | Malin | Nybacka -89 | 15 IF Femman | Kristinestad 10.6 | kncup |
| 9,58 | -3,1 | Helena | Backlund -89 | 15 IF Nyk.n | Pedersöre 7.6 | kncup |
| 9,29 | +0,6 | Susanna | Fors -89 | 15 IF Drott | Vörå 22.8 | knDM |
| 9,23 | -0,8 | Nina | Rönnlund -89 | 15 Malax IF | Vörå 22.8 | knDM |
| 9,16 | +0,5 | Victoria | Lassander -89 | 15 IF Nyk.n | Vörå 22.8 | knDM |
| 8,95 | +1,3 | Pia-Maria | Lehto -89 | 15 Vasa IS | Närpes 23.7 | SFIM |
| 8,88 | -1,9 | Johanna | Häggbloom -89 | 15 IK Falken | Pedersöre 7.6 | kncup |
| 8,72 | -0,8 | Ann-Louise | Storlund -89 | 15 IF VOM | Vörå 11.8 | dt |
| 8,53 | -2,0 | Sandra | Särs -89 | 15 IF Åsarna | Pedersöre 7.6 | kncup |

Flickor 14 år

| | | | | | | |
|-------|------|-------|--------------|--------------|-------------------|-------|
| 10,37 | 0,0 | Linda | Westö -90 | 14 IF Femman | Pedersöre 6.7 | dt |
| 10,12 | +1,5 | Malin | Helsing -90 | 14 IF VOM | Kristinestad 10.6 | kncup |
| 9,48 | +1,4 | Anna | Snellman -90 | 14 IF Femman | Pedersöre 6.7 | dt |
| 9,35 | -0,2 | Frida | Öst -90 | 14 IK Falken | Vörå 22.8 | knDM |

| | | | | | | |
|------|------|---------|--------------|--------------|-------------------|-------|
| 9,25 | +1,0 | Lina | Back -90 | 14 IK Falken | Vörå 22.8 | knDM |
| 9,21 | +0,6 | Jessica | Ingo -90 | 14 Vasa IS | Pedersöre 6.7 | dt |
| 9,19 | -0,4 | Jennie | Ahlgren -90 | 14 IF Drott | Pedersöre 6.7 | dt |
| 9,18 | +0,9 | Nina | Fagerudd -90 | 14 IF Drott | Vörå 22.8 | knDM |
| 8,52 | +1,5 | Jenny | Bergman -90 | 14 IF Femman | Kristinestad 10.6 | kncup |
| 8,24 | +0,7 | Henna | Smith -90 | 14 IF Länken | Kristinestad 6.9 | dt |

Medvind

| | | | | | | |
|-------|------|------------|---------------|--------------|-------------------|-------|
| 10,67 | +2,2 | Carolina | Ohlis -88 | 17 Vasa IS | Pedersöre 6.7 | dt |
| 10,36 | +3,1 | Isabella | Beglund -88 | 17 Vasa IS | Korsholm 20.7 | dt |
| 9,84 | +2,5 | Malin | Andtfolk -89 | 15 IF Länken | Kristinestad 10.6 | kncup |
| 9,74 | | Alexandra | Pensar -91 | 13 IF Femman | Vörå 29.7 | dt |
| 8,92 | +3,9 | Hanna | Backman -89 | 15 Vasa IS | Pedersöre 6.7 | dt |
| 8,86 | | Oona | Haapamäki -90 | 14 IF Länken | Kristinestad 20.7 | |
| 8,82 | +4,2 | Ann-Louise | Storlund -89 | 15 IF VOM | Kristinestad 10.6 | kncup |
| 8,72 | +3,1 | Jenny | Bergman -90 | 14 IF Femman | Kristinestad 10.6 | kncup |

KULA

| | | | | | | |
|-------|--|-----------|----------------|--------------|-------------------|---------|
| 12,20 | | Heidi | Järvinen -83 | 22 Vasa IS | Jakobstad 8.8 | jFM |
| 11,54 | | Lena | Solvin -86 | 19 IF Nyk.n | Karleby 7.9 | ÖID-KP |
| 11,43 | | Mikaela | Käll -86 | 19 IK Falken | Närpes 24.7 | SFIM |
| 10,76 | | Linda | Kempe -85 | 19 IK Falken | Jakobstad 14.7 | jDM |
| 10,00 | | Katariina | Nokua -73 | IF Länken | Uleåborg 6.7 | polisFM |
| 9,94 | | Pernilla | Ek -88 | 17 IF Kraft | Kristinestad 10.9 | SFSI |
| 9,72 | | Jessica | Strandholm -82 | 22 IF Fyren | Närpes 27.8 | DM |
| 9,69 | | Michaela | Wiklund -80 | IF Nyk.n | Närpes 27.8 | DM |
| 9,39 | | Maria | Dahlbacka -78 | IF Nyk.n | Närpes 27.8 | DM |
| 9,38 | | Sonja | Kohtala -76 | IF Länken | Uleåborg 6.7 | polisFM |

Damer 19 år forts (3)

| | | | | | | |
|------|--|---------|--------------|--------------|-------------------|------|
| 8,87 | | Jenny | Storlund -88 | 17 IF VOM | Kristinestad 10.9 | SFSI |
| 8,50 | | Cecilia | Appel -88 | 17 IF Länken | Kristinestad 10.9 | SFSI |

Damer 17 år (3 kg)

| | | | | | | |
|-------|--|-----------|--------------|--------------|----------------|--------|
| 12,01 | | Pernilla | Ek -88 | 17 IF Kraft | Närpes 23.7 | SFIM |
| 11,16 | | Caroline | Backa -87 | 17 IK Falken | Reso 11.9 | jFM-mk |
| 10,98 | | Lisa | Grannas -88 | 17 IK Falken | Nykarleby 29.6 | v-fall |
| 10,90 | | Cecilia | Appel -88 | 17 IF Länken | Teuva 19.6 | dt |
| 10,56 | | Minea | Håkans -88 | 17 Vasa IS | Korsholm 20.7 | dt |
| 10,00 | | Anna-Lena | Lindvall -87 | 17 IF Nyk.n | Pedersöre 15.6 | nat |
| 9,98 | | Åsa | Bergdahl -87 | 17 IK Falken | Jakobstad 14.7 | jDM |
| 9,76 | | Jenny | Storlund -88 | 17 IF VOM | Jakobstad 14.7 | jDM |

Flickor 15 år (15 år)

| | | | | | | |
|------|--|-----------|---------------|--------------|-------------------|--------|
| 9,97 | | Lise-Lott | Norrgård -89 | 15 IF Kraft | Kristinestad 10.9 | SFSI |
| 9,68 | | Sabina | Nylund -89 | 15 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 9,44 | | Nina | Rönnlund -89 | 15 Malax IF | Vörå 21.8 | knDM |
| 8,96 | | Annika | Myllymäki -89 | 15 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 8,86 | | Nina | Cederberg -89 | 15 IK Falken | Nykarleby 26.5 | dt |
| 8,68 | | Sari | Saranpää -89 | 15 IF Drott | Jakobstad 26.7 | |
| 8,65 | | Annika | Östman -89 | 15 IK Falken | Pedersöre 3.6 | dt |
| 8,44 | | Piia | Mäkelä -89 | 15 IF Länken | Kristinestad 14.9 | skolIM |
| 8,10 | | Alexandra | Kvist -89 | 15 IF Femman | Korsholm 20.7 | dt |

Flickor 14 år (14 år)

| | | | | | | |
|-------|--|-----------|---------------|--------------|-------------------|---------|
| 11,16 | | Nanna | Holmlund -90 | 14 IF VOM | Nykarleby 29.6 | v-fall |
| 10,51 | | Anna-Lena | Ekstrand -90 | 14 IF Drott | Karleby 7.9 | ÖID-KP |
| 9,25 | | Jessica | Ingo -90 | 14 Vasa IS | Vasa 2.9 | kommM |
| 9,11 | | Sofia | Sundman -90 | 14 Vasa IS | Vörå 21.8 | knDM |
| 8,58 | | Camilla | Nord -90 | 14 IF Nyk.n | Kristinestad 10.9 | SFSI |
| 8,56 | | Mikaela | Ekman -90 | 14 IF VOM | Vörå 8.7 | dt |
| 8,42 | | Erica | Grönlund -90 | 14 IF Länken | Kristinestad 14.9 | skolIM |
| 8,00 | | Ellinor | Backström -90 | 14 IK Falken | Nykarleby 17.7 | knDM-mk |
| 7,74 | | Jasmine | Skrifvars -90 | 14 IF Kraft | Närpes 23.7 | SFIM |

| | | | | | |
|------|-------|-----------|-------------|----------------|---------|
| 7,52 | Nadja | Romar -90 | 14 IF Nyk.n | Nykarleby 17.7 | knDM-mk |
|------|-------|-----------|-------------|----------------|---------|

DISKUS

| | | | | | |
|-------|-----------|-----------------|--------------|----------------|--------|
| 42,08 | Pernilla | Ek -88 | 17 IF Kraft | Lahtis 14.8 | jFM |
| 38,12 | Kirsi | Kangasharju -74 | IF Länken | Teuva 19.6 | dt |
| 33,91 | Minea | Håkans -88 | 17 Vasa IS | Vasa 31.8 | kommM |
| 32,99 | Heidi | Järvinen -83 | 22 Vasa IS | Närpes 23.7 | SFIM |
| 31,25 | Emilie | Granlund -90 | 14 IF Åsarna | Pedersöre 5.8 | v-fall |
| 28,94 | Linda | Kempe -85 | 19 IK Falken | Mariehamn 18.9 | SFI-s |
| 27,90 | Lena | Solvin -86 | 19 IF Nyk.n | Korsholm 17.8 | SFI-s |
| 27,63 | Åsa | Bergdahl -87 | 17 IK Falken | Pedersöre 3.6 | dt |
| 27,17 | Elisabeth | Wiklund -66 | IF Femman | Korsholm 17.8 | SFI-s |
| 26,64 | Michaela | Wiklund -80 | IF Nyk.n | Korsholm 17.8 | SFI-s |
| 25,19 | Inger | Backman -67 | IF Åsarna | Nedervetil 1.9 | kommM |

Damer 19 år forts (2)

| | | | | | |
|-------|---------|------------|--------------|----------------|-------|
| 23,50 | Mikaela | Käll -86 | 19 IK Falken | Närpes 28.8 | DM |
| 22,68 | Mikaela | Skytte -86 | 19 IF Åsarna | Nedervetil 1.9 | kommM |

Damer 17 år forts (3)

| | | | | | |
|-------|------|-------------|--------------|---------------|--------|
| 23,11 | Lisa | Grannas -88 | 17 IK Falken | Pedersöre 5.8 | v-fall |
|-------|------|-------------|--------------|---------------|--------|

Flickor 15 år

| | | | | | |
|-------|---------|--------------|--------------|-------------------|--------|
| 23,52 | Nina | Rönnlund -89 | 15 Malax IF | Närpes 24.7 | SFIM |
| 23,36 | Sandra | Kainberg -89 | 15 IF Åsarna | Vörå 22.8 | knDM |
| 23,13 | Annika | Östman -89 | 15 IK Falken | Vörå 22.8 | knDM |
| 20,07 | Sabina | Nylund -89 | 15 IF Nyk.n | Nykarleby 29.6 | v-fall |
| 20,07 | Jannica | Engman -89 | 15 IF Femman | Vörå 22.8 | knDM |
| 18,58 | Sabina | Bäck -89 | 15 IF VOM | Vörå 11.8 | kncup |
| 18,56 | Emma | Finnholm -89 | 15 IK Falken | Pedersöre 7.6 | kncup |
| 17,88 | Pia | Lehto -89 | 15 Vasa IS | Kristinestad 10.6 | kncup |
| 17,49 | Susanna | Fors -89 | 15 IF Drott | Nykarleby 29.6 | v-fall |

Flickor 14 år

| | | | | | |
|-------|-----------|---------------|--------------|-------------------|--------|
| 31,25 | Emilie | Granlund -90 | 14 IF Åsarna | Pedersöre 5.8 | v-fall |
| 22,85 | Mikaela | Ekman -90 | 14 IF VOM | Vörå 11.8 | kncup |
| 21,91 | Anna-Lena | Ekstrand -90 | 14 IF Drott | Vörå 22.8 | knDM |
| 20,46 | Jessica | Ingo -90 | 14 Vasa IS | Vörå 11.8 | kncup |
| 19,99 | Sofia | Juslin -90 | 14 IF Femman | Kristinestad 10.6 | kncup |
| 19,80 | Camilla | Nord -90 | 14 IF Nyk.n | Vörå 11.8 | kncup |
| 19,08 | Nadja | Romar -90 | 14 IF Nyk.n | Pedersöre 28.8 | v-fall |
| 17,85 | Ellinor | Backström -90 | 14 IK Falken | Pedersöre 7.6 | kncup |
| 16,25 | Elin | Andersson -90 | 14 IF Drott | Pedersöre 7.6 | kncup |
| 16,15 | Alexandra | Sten -90 | 14 IK Falken | Vörå 11.8 | kncup |

SLÄGGA

| | | | | | |
|-------|----------|-------------|--------------|-------------------|--------|
| 53,24 | Lena | Solvin -86 | 19 IF Nyk.n | Jyväskylä 24.6 | j-elit |
| 42,27 | Pernilla | Ek -88 | 17 IF Kraft | Korsnäs 17.6 | dt |
| 36,20 | Susanna | Åstrand -86 | 19 IF Länken | Kristinestad 27.7 | dt |
| 33,78 | Minea | Håkans -88 | 17 Vasa IS | Jakobstad 13.7 | jDM |
| 32,69 | Mikaela | Skytte -86 | 19 IF Åsarna | Nedervetil 7.7 | dt |
| 29,06 | Jessica | Åstrand -89 | 15 IF Länken | Kristinestad 27.7 | dt |

Flickor 15 år (3 kg)

| | | | | | |
|-------|----------|---------------|--------------|-------------------|------|
| 36,25 | Jessica | Åstrand -89 | 15 IF Länken | Kristinestad 18.9 | dt |
| 32,60 | Annika | Östman -89 | 15 IK Falken | Vörå 22.8 | knDM |
| 23,29 | Nina | Rönnlund -89 | 15 Malax IF | Vörå 29.7 | dt |
| 22,00 | Nina | Cederberg -89 | 15 IK Falken | Vörå 22.8 | knDM |
| 21,95 | Emma | Finnholm -89 | 15 IK Falken | Vörå 22.8 | knDM |
| 20,39 | Viktoria | Lassander -89 | 15 IF Nyk.n | Vörå 22.8 | knDM |

Flickor 14 år (3 kg)

| | | | | | |
|-------|---------|---------------|--------------|-----------|------|
| 27,60 | Emelie | Granlund -90 | 14 IF Åsarna | Vörå 22.8 | knDM |
| 25,67 | Ellinor | Backström -90 | 14 IK Falken | Vörå 22.8 | knDM |
| 23,77 | Mikaela | Ekman -90 | 14 IF VOM | Vörå 22.8 | knDM |

SPJUT

| | | | | | |
|-------|----------|---------------|--------------|--------------------|----------------|
| 62,53 | Mikaela | Ingberg -74 | Vasa IS | Villmanstrand 25.7 | elit |
| 35,76 | Maria | Dahlbacka -78 | IF Nyk.n | Närpes 23.7 | SFIM |
| 35,40 | Maria | Rönn -75 | IF Kraft | Eskilstuna 17.7 | SFI-TuUL-Sörml |
| 34,96 | Michaela | Wiklund -80 | IF Nyk.n | Närpes 28.8 | DM |
| 34,42 | Mikaela | Käll -86 | 19 IK Falken | Kristinestad 11.9 | SFSI |
| 31,77 | Pernilla | Ek -88 | 17 IF Kraft | Kristinestad 11.9 | SFSI |
| 31,74 | Linda | Kempe -85 | 19 IK Falken | Närpes 28.8 | DM |
| 29,56 | Caroline | Backa -87 | 17 IK Falken | Mariehamn 18.9 | SFI-s |
| 29,07 | Minea | Håkans -88 | 17 Vasa IS | Vasa 25.5 | dt |
| 28,21 | Cecilia | Appel -88 | 17 IF Länken | Jakobstad 14.7 | jDM |

Damer 19 år forts (2)

| | | | | | |
|-------|------|------------|-------------|-------------------|------|
| 27,89 | Lena | Solvin -86 | 19 IF Nyk.n | Kristinestad 11.9 | SFSI |
|-------|------|------------|-------------|-------------------|------|

Damer 17 år forts (4)

| | | | | | |
|-------|----------|-------------|--------------|----------------|-------|
| 22,96 | Jannica | Engman -89 | 15 IF Femman | Korsholm 17.8 | SFI-s |
| 22,56 | Jennifer | Träsk -88 | 17 Vasa IS | Mariehamn 18.9 | SFI-s |
| 22,34 | Johanna | Gammal -87 | 17 Vasa IS | Mariehamn 18.9 | SFI-s |
| 22,34 | Lisa | Grannas -88 | 17 IK Falken | Mariehamn 18.9 | SFI-s |

Flickor 15 år (400 g)

| | | | | | |
|-------|----------|---------------|--------------|-------------------|---------|
| 31,11 | Vanessa | Vandy -89 | 15 Vasa IS | Åbo 12.9 | jFM-mk |
| 25,95 | Jannica | Engman -89 | 15 IF Femman | Kristinestad 11.9 | SFSI |
| 25,64 | Sabina | Nylund -89 | 15 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 25,51 | Michelle | Vandy -89 | 15 Vasa IS | Nykarleby 18.7 | knDM-mk |
| 25,49 | Nina | Cederberg -89 | 15 IK Falken | Vörå 21.8 | knDM |
| 24,43 | Majja | Krook -89 | 15 IF Kraft | Nykarleby 18.7 | knDM-mk |
| 23,50 | Jennifer | Kjellman -89 | 15 IK Falken | Nykarleby 18.7 | knDM-mk |
| 23,06 | Emma | Finnholm -89 | 15 IK Falken | Kristinestad 11.9 | SFSI |
| 22,67 | Annika | Myllymäki -89 | 15 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 22,00 | Susanna | Fors -89 | 15 IF Drott | Pedersöre 6.7 | |

Flickor 14 år (400 g)

| | | | | | |
|-------|-----------|----------------|--------------|-------------------|---------|
| 35,93 | Anna-Lena | Ekstrand -90 | 14 IF Drott | Kristinestad 11.9 | SFSI |
| 30,74 | Jessica | Ingo -90 | 14 Vasa IS | Pedersöre 6.7 | dt |
| 25,27 | Nadja | Romar -90 | 14 IF Nyk.n | Kristinestad 11.9 | SFSI |
| 24,16 | Linda | Westö -90 | 14 IF Femman | Nykarleby 17.7 | knDM-mk |
| 24,06 | Jennie | Ahlgren -90 | 14 IF Drott | Pedersöre 6.7 | dt |
| 23,96 | Jonna | Illanvuori -90 | 14 IK Falken | Pedersöre 5.8 | v-fall |
| 20,84 | Alexandra | Sten -90 | 14 IK Falken | Pedersöre 5.8 | v-fall |

7-KAMP

| | | | | | |
|------|-----|-------------|--------------|-------------------|----|
| 3375 | Mia | Grannas -85 | 19 IK Falken | Nykarleby 17-18.7 | DM |
|------|-----|-------------|--------------|-------------------|----|

(18,91/+0,5 140 8,41 27,26/+2,8 436/+0,2 23,65 2.37,82)

Damer 17 år

| | | | | | |
|------|----------|-----------|--------------|--------------|----|
| 4618 | Caroline | Backa -87 | 17 IK Falken | Reso 11-12.9 | FM |
|------|----------|-----------|--------------|--------------|----|

(15,35/0,0 158 11,16 26,79/+1,4 508/+1,7 29,23 2.26,90)

| | | | | | |
|------|------|--------------|--------------|-------------------|----|
| 3116 | Anna | Järvinen -88 | 17 IF Femman | Nykarleby 17-18.7 | DM |
|------|------|--------------|--------------|-------------------|----|

(16,63/+2,2 149 8,32 29,08/+2,8 418/ 0,0 19,13 3.10,18)

| | | | | | |
|------|------|-------------|--------------|-------------------|----|
| 3105 | Lisa | Grannas -88 | 17 IK Falken | Nykarleby 17-18.7 | DM |
|------|------|-------------|--------------|-------------------|----|

(19,33/+1,4 143 9,84 30,27/+2,8 446/+0,1 20,53 2.46,33)

| | | | | | |
|------|---------|-----------|-------------|-------------------|----|
| 2693 | Johanna | Syrén -88 | 17 Malax IF | Nykarleby 17-18.7 | DM |
|------|---------|-----------|-------------|-------------------|----|

(18,37/+2,2 146 7,60 29,48/+2,8 445/+0,5 13,73 3.22,75)

| | | | | | |
|------|----------|-----------|-------------|-------------------|----|
| 2201 | Karolina | Bjurs -88 | 17 Malax IF | Nykarleby 17-18.7 | DM |
|------|----------|-----------|-------------|-------------------|----|

(20,99/+1,4 125 5,60 28,47/+2,8 369/+1,6 9,71 2.52,61)

5-KAMP

Flickor 15 år

| | | | | |
|---|-----------------------|--------------|----------------|----|
| 2481 | Vanessa Vandy -89 | 15 Vasa IS | Åbo 12.9 | FM |
| (12,43/-0,3 558/+1,2 31,11 142 2.30,13) | | | | |
| 1845 | Maija Krook -89 | 15 IF Kraft | Nykarleby 18.7 | DM |
| (14,30/+0,4 493/+1,0 24,43 154 3.02,94) | | | | |
| 1655 | Jennifer Kjellman -89 | 15 IK Falken | Nykarleby 18.7 | DM |
| (15,21/+0,4 484/+0,2 23,50 139 2.51,74) | | | | |
| 1642 | Sari Saranpää -89 | 15 IF Drott | Nykarleby 18.7 | DM |
| (14,11/+0,6 458/+0,9 17,67 142 2.52,08) | | | | |
| 1570 | Michelle Vandy -89 | 15 Vasa IS | Nykarleby 18.7 | DM |
| (14,04/+0,6 403/+0,7 25,51 127 2.47,11) | | | | |
| 1387 | Susanna Fors -89 | 15 IF Drott | Nykarleby 18.7 | DM |
| (14,53/+0,4 420/-1,3 17,40 124 2.52,84) | | | | |

Flickor 14 år

| | | | | |
|--------------------------------------|------------------------|--------------|----------------|----|
| 1999 | Jessica Ingo -90 | 14 Vasa IS | Reso 10.9 | FM |
| (13,97/+0,8 8,98 151 27,98 1.54,21) | | | | |
| 1931 | Linda Westö -90 | 14 IF Femman | Nykarleby 17.7 | DM |
| (12,58/+2,0 7,37 134 24,16 1.51,97) | | | | |
| 1736 | Anna-Lena Ekstrand -90 | 14 IF Drott | Nykarleby 17.7 | DM |
| (16,45/+2,0 10,10 137 33,04 2.03,10) | | | | |
| 1492 | Nina Fagerudd -90 | 14 IF Drott | Nykarleby 17.7 | DM |
| (16,14/+2,0 7,24 131 18,01 1.49,00) | | | | |
| 1462 | Ellinor Backström -90 | 14 IK Falken | Nykarleby 17.7 | DM |
| (15,64/+2,0 8,00 140 18,46 2.06,05) | | | | |
| 1416 | Nadja Romar -90 | 14 IF Nyk.n | Nykarleby 17.7 | DM |
| (15,83/+2,0 7,52 125 21,47 1.58,57) | | | | |
| 1353 | Jennie Ahlgren -90 | 14 IF Drott | Nykarleby 17.7 | DM |
| (15,92/+2,0 6,82 131 23,08 2.09,11) | | | | |

4x100 M

| | | | | |
|-------|--|--------------|--------------------|-------|
| 49,79 | Moa Cederberg -87, Caroline Backa -87, Caroline Wärn -88, Karin Storbacka -87 | 17 IK Falken | Kajana 3.7 | FM |
| 50,82 | Tove Hästbacka -88, Emma Linton -88, Jessica Nordback -88, Miranda Haire -88 | 17 IF Kraft | Helsingfors/S 22.5 | karn |
| 51,01 | Michelle Vandy -89, Isabella Berglund -88 Pia-Maria Lehto -89, Vanessa Vandy -89 | 17 Vasa IS | Helsingfors/S 22.5 | karn |
| 51,04 | Linda Nygård -85, Jannica Rönqvist -86, Emma Nygård -86, Ingegerd Sandell -86 | 19 GIF | Korsholm 22.6 | DM |
| 51,33 | Michelle Vandy -89, Sofia Mattsson -89 Pia-Maria Lehto -89, Vanessa Vandy -89 | 15 Vasa IS | Kajana 3.7 | FM |
| 51,36 | Charlotte Sjöholm 86-, Heidi Eriksson -86, Josefin Skrifvars -87, Lena Solvin -86 | 19 IF Nyk.n | Helsingfors/S 22.5 | karn |
| 51,39 | Gabriella Bengs -89, Sara Back -89, Anna Järvinen -88, Alexandra Kvist -89 | 17 IF Femman | Korsholm 22.6 | DM |
| 51,57 | Sofia Mattsson -89, Marina Hellén -88, Sanna Nygård -88, Linn Brandtberg -88 | 17 Vasa IS | Helsingfors/S 22.5 | karn |
| 52,59 | Mari Willfors -89, Nina Cederberg -89, Johanna Häggblom -89, Jennifer Kjellman -89 | 15 IK Falken | Vörå 11.8 | kncup |
| 52,83 | Camilla Wirén -78, Mia Grannas -85, Mikaela Käll -86, Marika Blomström -82 | IK Falken | Korsholm 22.6 | DM |
| 52,95 | Anna Snellman -90, Sara Back -89 Linda Westö -90, Alexandra Kvist -89 | 15 IF Femman | Kristinestad 17.6 | knDM |
| 53,02 | Jenny Storlund -88, Malin Helsing -90, Lisette Österlund -90, Tove Miemois -88 | 17 IF VOM | Helsingfors/S 22.5 | karn |
| 53,63 | Susanna Fors -89, Nina Fagerudd -90, Caroline Granberg -90, Sari Saranpää -89 | 15 IF Drott | Kristinestad 17.6 | knDM |
| 53,83 | Mari Willfors -89, Johanna Häggblom -89, Nina Cederberg -89, Lisa Grannas -90 | 17 IK Falken | Korsholm 22.6 | DM |
| 54,22 | Helena Backlund -89, Ronja Wikström -88, Zina Strengell -89, Anna Solvin -88 | 17 IF Nyk.n | Helsingfors/S 22.5 | karn |

| | | | | |
|-------|---|--------------|--------------------|-------|
| 54,28 | Johanna Syrén -88, Karolina Bjurs -88, Annika Bäck -88, Emilia Hallvar -88 | 17 Malax IF | Korsholm 22.6 | DM |
| 54,54 | Malin Helsing -90, Elin Backman -89 Daniela Häggman -90, Lisette Österlund -90 | 15 IF VOM | Kristinestad 10.6 | kncup |
| 55,56 | Sonja Ömossa -89, Pernilla Ek -88, Maija Krook -89, Emma Nyman -88 | 17 IF Kraft | Helsingfors/S 22.5 | karn |
| 56,07 | Victoria Lassander -89, Nadja Romar -90, Lina Bonde -90, Helena Backlund -89 | 15 IF Nyk.n | Pedersöre 7.6 | kncup |
| 56,09 | Henna Smith -90, Malin Andtfolk -89, Oona Haapamäki -90, Elinor Andtfolk -89 | 15 IF Länken | Kristinestad 17.6 | knDM |
| 56,16 | Hanna Eklund -90, Ellinor Backström -90, Alexandra Sten -90, Frida Öst -90 | 15 IK Falken | Kristinestad 17.6 | knDM |
| 56,17 | Rebecka Fassih -89, Emma Hovi -89, Jessica Ingo -90, Josefine Thors -89 | 15 Vasa IS | Kristinestad 17.6 | knDM |
| 56,19 | Åsa Granqvist -89, Jessica Lagerström -91, Ida Andersson -89, Josefine Fiskars -90 | 15 IF Fyren | Kristinestad 17.6 | knDM |
| 57,11 | Nina Rönnlund -89, Anna Långkvist -, Anna Ahlbäck -, Madelene Östman - | 17 Malax IF | Korsholm 22.6 | DM |
| 57,18 | Lina Bonde -90, Anna Solvin -88, Sandra Eriksson -89, Nadja Romar -90 | 17 IF Nyk.n | Korsholm 22.6 | DM |

4x300 M

| | | | | |
|---------|---|--------------|---------------|----|
| 2.48,28 | Caroline Backa -87, Caroline Wärn -88, Nina Cederberg -89, Karin Storbacka -87 | 17 IK Falken | Kajana 4.7 | FM |
| 3.00,15 | Isabella Berglund -88, Marina Hellén -88 Linn Brandtberg -88, Sanna Nygård -88 | 17 Vasa IS | Korsholm 22.6 | DM |
| 3.05,16 | Mari Willfors -89, Nina Cederberg -89, Lisa Grannas -88, Johanna Häggblom -89 | 17 IK Falken | Korsholm 22.6 | |
| 3.12,11 | Sandra Eriksson -89, Anna Solvin -88, Josefin Skrifvars -87, Nadja Romar -90 | 17 IF Nyk.n | Korsholm 22.6 | |
| 3.14,13 | Emma Nyman -88, Anette Öster -87, Maija Krook -89, Heidi Jansson -87 | 17 IF Kraft | Korsholm 22.6 | |
| 3.15,99 | Johanna Syren -88, Karolina Bjurs -88, Annika Bäck -88, Emilia Hallvar -88 | 17 Malax IF | Korsholm 22.6 | |

4x400 M

| | | | | |
|---------|---|-----------|---------------|----|
| 4.02,11 | Johanna Borg -89, Jannica Rönnqvist -86, Ingegerd Sandell -86, Emma Nygård -86 | 19 GIF | Kajana 4.7 | FM |
| 4.09,71 | Jenny Storlund -88, Elin Backman -89, Lotta Storlund -86, Anna Storlund -84 | IF VOM | Kajana 4.7 | FM |
| 4.21,48 | Marika Blomström -82, Mia Grannas -85, Malin Nybohm -91, Cecilia Långnabba -91 | IK Falken | Korsholm 22.6 | |

3x800 M

| | | | | |
|---------|--|--------------|---------------|--|
| 7.50,77 | Johanna Borg -89, Emilia Finnilä -87, Emilia Masar -88 | 17 GIF | Korsholm 22.6 | |
| 8.17,37 | Christina Ingo -88, Nadja Brännbacka -, Nina Korpisaari -90 | 17 IF Femman | Korsholm 22.6 | |
| 9.25,81 | Johanna Syren -88, Karolina Bjurs -88, Emilia Hallvar -88 | 17 Malax IF | Korsholm 22.6 | |

4x800 M

| | | | | |
|----------|---|-----------|-------------------|------|
| 9.33,04 | Jenny Storlund -88, Elin Backman -89, Lotta Storlund -86, Anna Storlund -84 | IF VOM | Kajana 3.7 | FM |
| 10.08,85 | Anette Björkgård -80, Jannica Rönnqvist -86, Linda Nygård -85, Emma Nygård -86 | GIF | Korsholm 22.6 | DM |
| 10.18,84 | Heidi Eriksson -86, Sandra Eriksson -88, Zenita Eriksson -92, Heidi Sundberg -81 | IF Nyk.n | Korsholm 22.6 | DM |
| 10.42,01 | Sabina Bäck -89, Mikaela Löfbacka -90, Sandra Nygård -, Elin Backman -89 | 15 IF VOM | Kristinestad 17.6 | knDM |

| | | | | |
|----------|--|--------------|-------------------|------|
| 11.07,64 | Josefine Sandvik -90, Jonna Fellman -89, Caroline Granberg -90, Nina Fagerudd -90 | 15 IF Drott | Kristinestad 17.6 | knDM |
| 11.13,52 | Hanna Backman -89, Jessica Ingo -90, Emma Hovi 89, Andrea Holm -89 | 15 Vasa IS | Kristinestad 17.6 | knDM |
| 11.21,65 | Marika Blomström -82, Johanna Blomström Annika Granberg -81, Mia Grannas -85 | IK Falken | Korsholm 22.6 | knDM |
| 11.33,79 | Lisette Österlund -90, Johanna Sippus -, Daniela Häggman -90, Ann-Louise Storlund | 15 IF VOM | Kristinestad 17.6 | knDM |
| 11.37,02 | Nadja Romar -90, Helena Backlund -89, Victoria Lassander -89, Sandra Eriksson -89 | 15 IF Nyk.n | Kristinestad 17.6 | knDM |
| 11.45,72 | Hanna Eklund -90, Mari Willfors -89, Sofia Mattjus -90, Frida Öst -90 | 15 IK Falken | Kristinestad 17.6 | knDM |

4x80 M HÄCK

| | | | | |
|-------|---|--------------|-------------------|------|
| 51,29 | Gabriella Bengs -89, Linda Westö -90, Sara Back -89, Alexandra Kvist -89 | 15 IF Femman | Kajana 3.7 | FM |
| 55,05 | Michelel Vandy -89, Vanessa Vandy -89 Pia-Maria Lehto -89, Jessica Ingo -90 | 15 Vasa IS | Kristinestad 17.6 | knDM |
| 62,7 | Linda Bonde -90, Nadja Romar -90 Sandra Eriksson -89, Helena Backlund -89 | 15 IF Nyk.n | Kristinestad 17.6 | knDM |
| 62,85 | Susanna Fors -89, Jennie Ahlgren -90, Josefine Sandvik -90, Sari Saranpää -89 | 15 IF Drott | Kristinestad 17.6 | knDM |
| 62,96 | Hanna Eklund -90, Jennifer Kjellman -89, Johanna Häggblom -89, Ellinor Backström - | 15 IK Falken | Kristinestad 17.6 | knDM |

4x100 M HÄCK

| | | | | |
|-------|---|--------------|---------------|----|
| 65,56 | Sanna Nygård -88, Carolina Ohlis -88 Michelle Vandy -89, Vanessa Vandy -89 | 17 Vasa IS | Kajana 4.7 | FM |
| 68,25 | Lisa Grannas -88, Karin Storbacka -87, Mia Grannas -85, Caroline Backa -87 | 19 IK Falken | Korsholm 22.6 | DM |
| 68,29 | Anna Järvinen -88, Christina Ingo -88, Sara Back 89-, Alexandra Kvist -89 | 17 IF Femman | Korsholm 22.6 | DM |
| 73,49 | Charlotte Sjöholm -86, Maria Holm -85, Anna Solvin -88, Johanna Nyholm -85 | 19 IF Nyk.n | Korsholm 22.6 | DM |
| 79,06 | Johanna Syren -88, Karolina Bjurs -88, Annika Bäck -88, Emilia Hallvar -88 | 17 Malax IF | Korsholm 22.6 | DM |

GÅNG

3000 M

| | | | | |
|----------|----------------------|--------------|----------------|-------|
| 17.04,90 | Mikaela Löfbacka -90 | 14 IF VOM | Pedersöre 6.7 | DM |
| 20.27,90 | Sinikka Wikman -43 | IK Falken | Idensalmi 13.8 | vetFM |
| 22.10,32 | Lisa Grannas -88 | 17 IK Falken | Pedersöre 6.7 | DM |
| 22.59,50 | Henna Smith -90 | 14 IF Länken | Närpes 24.7 | SFIM |

5000 M

| | | | | |
|----------|-----------------------|-----------|---------------|----|
| 40.10,58 | Sarinina Keskinen -69 | IF Femman | Pedersöre 6.7 | DM |
|----------|-----------------------|-----------|---------------|----|